





Mind and Body in Sync: The Fascinating Field of Psychophysiology in Sports

Shokouh. Navabinejad^{1,2*}, Mehdi. Rostami³


¹ Professor Emeritus, Department of Counseling, Kharazmi University, Tehran, Iran

² Professor, Psychology and Counseling of Department, KMAN Research Institute, Toronto, Canada



³ Psychology and Counseling of Department, KMAN Research Institute, Toronto, Canada

* Corresponding author email address: sh.navabinejad@khu.ac.ir

Editor

Bahram Jowkar
Professor of Psychology
Department, Shiraz University, Iran
jowkar@shirazu.ac.ir

Reviewers

Reviewer 1: Sayed Ali Darabani
Department of Psychology, South Tehran Branch, Islamic Azad University, Tehran,
Iran. Email: dr.alidarabani@iranmehr.ac.ir
Reviewer 2: Omid Shokri
Assistant Professor, Department of Psychology, Shahid Beheshti University,
Tehran, Iran. Email: o_shokri@sbu.ac.ir

1. Round 1

1.1 Reviewer 1

Date: 30 May 2023

Reviewer: The letter presents an engaging overview of psychophysiology in sports. However, a more focused and analytical approach would significantly contribute to its value as a comprehensive and insightful piece.

A deeper exploration of the methodologies used in key studies would provide insight into the evolution of the field.

The letter could benefit from specific examples or case studies to illustrate the concepts discussed.

A discussion on how this field impacts current training practices in sports is needed.

The author uploaded the revised document.

1.2 Reviewer 2

Date: 01 June 2023

Reviewer: The article successfully addresses an important aspect of sports psychology but requires minor revisions for enhanced clarity, depth, and applicability. Addressing these areas will significantly improve its utility as a resource for understanding and supporting the mental health of sports coaches.

The scope of the letter could be expanded to cover a broader range of psychophysiological applications in sports.

More detailed elaboration on the practical applications in sports training and performance is needed.

Contextualize the research within the broader field of sports science and psychology.

Incorporate perspectives from diverse disciplines for a more holistic view.

Synthesize key points more clearly to build a strong narrative.

The author uploaded the revised document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.