





Cognitive Mastery in Sports: Exploring Cognitive Psychology's Influence

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1. Round 1

1.1 Reviewer 1

Date: 17 June 2023

Reviewer: The article presents a great overview of cognitive psychology's role in sports. However, it would benefit from expanding its theoretical scope, integrating interdisciplinary research, and providing a more critical analysis of the studies reviewed. Enhancing these aspects will significantly improve the article's depth and applicability to a broader sports psychology context.

Expand on the range of cognitive psychology theories discussed to provide a more comprehensive understanding.

Include more interdisciplinary research to enhance the depth of the review. Analysis of Cognitive Assessment Tools: Provide a more in-depth analysis of the cognitive assessment tools used in sports psychology.

Elaborate on the research methodology for literature selection for clarity.

Expand the discussion on different cognitive training methods and their effectiveness.

Offer a more critical evaluation of the studies included in the review.

Discuss the application of cognitive psychology principles across a wider variety of sports.

The author uploaded the revised document.

1.2 *Reviewer 2*

Date: 18 June 2023

Reviewer: This review article effectively highlights the importance of cognitive psychology in sports performance. Minor revisions, particularly in expanding the depth of the literature review, diversifying sports contexts, and enhancing the critical analysis of cognitive interventions, will strengthen its contribution to the field of sports psychology.

Deepen the literature review to cover more seminal and recent works.

Discuss cognitive psychology's influence in a broader range of sports contexts.

Provide a more detailed comparison of various cognitive interventions used in sports.

Clarify the theoretical underpinnings of cognitive psychology as applied to sports.

Elaborate on how cognitive skills are developed and enhanced in athletes.

Include an evaluation of the limitations and biases of the research cited.

Ensure the review's relevance to current trends in sports psychology.

The author uploaded the revised document.

2. **Revised**

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.