






Supporting Coaches' Mental Health: A Critical Review of Psychological Interventions for Depression

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1. Round 1

1.1 Reviewer 1

Date: 17 June 2023

Reviewer: This review article provides an excellent overview on psychological interventions for depression among sports coaches. However, minor revisions focusing on depth of analysis, inclusion of diverse perspectives, and a more critical approach to literature gaps will enhance its comprehensiveness and relevance to the field.

The review would benefit from including a broader range of psychological theories and perspectives.

The methodology section needs clearer articulation, particularly in the criteria for selecting studies.

More detailed comparative analysis of the efficacy of different interventions is needed.

The review should discuss how cultural and contextual factors influence the effectiveness of interventions.

Incorporate more recent studies to ensure the review reflects the latest advancements in the field.

A more critical analysis of gaps in the current literature is required.

The author uploaded the revised document.

1.2 Reviewer 2

Date: 18 June 2023

Reviewer: The article successfully addresses an important aspect of sports psychology but requires minor revisions for enhanced clarity, depth, and applicability. Addressing these areas will significantly improve its utility as a resource for understanding and supporting the mental health of sports coaches.

Broaden the scope of literature to include more diverse and international studies.

Provide more detailed explanations of how each intervention works in the context of coaching.

Include an assessment of the methodological quality of the studies reviewed.

Strengthen connections between theoretical insights and practical implications for coaches.

Address how interventions can be tailored to meet the unique needs of sports coaches.

The conclusions drawn need to be more clearly articulated and directly linked to the review findings.

Ensure uniformity and accuracy in the referencing and citation style throughout the article.

Adding case studies or real-world examples would provide practical illustrations of the interventions' impacts.

Ensure balanced coverage of different interventions, avoiding overemphasis on any single approach.

The author uploaded the revised document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.