



Trends and Innovations in Health Behavior Change Interventions

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R e v i e w e r s

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1. Round 1

1.1 Reviewer 1

Date: 04 May 2023

Reviewer: The article provides an excellent overview of trends and innovations in health behavior change interventions, yet it requires minor revisions for enhanced depth, clarity, and comprehensive coverage of the subject. Addressing these points will significantly enhance its scholarly contribution to the field.

The historical context of health behavior change theories and interventions could be expanded for a more comprehensive understanding.

Theoretical Perspectives: Incorporate a wider range of theoretical perspectives to enrich the discussion.

Clarify the methodology for selecting and analyzing studies in the literature review.

Provide a more in-depth analysis of the role and impact of digital health interventions.

Elaborate on the ethical considerations, especially in the use of AI and digital technologies in health interventions.

Include a critical evaluation of the sources and studies discussed in the review.

Ensure a balanced discussion across all sections, particularly in addressing both challenges and innovations.

Ensure consistency and accuracy in the referencing and citation style throughout the article.

The author uploaded the revised document.

1.2 Reviewer 2

Date: 08 May 2023

Reviewer: This review article offers an exploration of the evolving landscape of health behavior change interventions. Enhancing its depth in terms of technology integration, interdisciplinary approaches, and critical evaluation of trends will strengthen its relevance and utility to researchers and practitioners in the field.

Elaborate more on how emerging technologies are integrated into health behavior change interventions.

Provide more insights into the barriers and challenges in implementing these interventions.

Discuss how cultural and contextual factors influence the effectiveness of these interventions.

Critically evaluate the current trends in health behavior change interventions.

Enhance the overall structure and flow of the article for better readability.

Ensure that all references are current and relevant to the discussion.

The author uploaded the revised document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.