












# Psychological and Social Factors Influencing Eating Behaviors in College Athletes

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## 1. Round 1

### 1.1 Reviewer 1

Date: 12 December 2023

Reviewer:

The study employs semi-structured interviews, but the manuscript lacks specific details about the interview guide, such as the questions asked and the rationale behind their selection. Providing this information would strengthen the methodological rigor of the study.

The review of literature currently focuses heavily on previously established studies but lacks critical discussion on how this study extends or challenges existing knowledge. A deeper analysis of the literature would enhance the contextual grounding of the research questions.

The paper mentions a diverse sample but does not provide detailed demographic data such as the distribution of sports, academic years, or cultural backgrounds of the athletes. Expanding on these details can help assess the generalizability of the findings.

While NVivo is used for thematic analysis, the steps taken during the coding process are not clearly articulated. Detailing this process, including examples of coding iterations, would enhance the transparency and reproducibility of the results.

The discussion could be strengthened by addressing potential confounding factors and biases that might have influenced the findings, such as the presence of researchers during the interviews and participants' potential desire to respond in socially desirable ways.

Authors revised the manuscript and uploaded the updated document.

## 1.2 Reviewer 2

Date: 15 December 2023

Reviewer:

There are inconsistencies in terminology used throughout the manuscript (e.g., "dietary attitudes" vs. "eating behaviors"). Standardizing terms would improve the clarity and professionalism of the paper.

There are several grammatical errors and typos, especially in the sections discussing the results and discussion. A thorough proofread is necessary to maintain the academic integrity of the manuscript.

The referencing style varies throughout the document. Ensure consistent use of a single citation style as per the journal's guidelines.

The inclusion of more detailed tables or figures summarizing the interview themes and sub-themes would provide a clearer visual representation of the data and facilitate easier comprehension for the reader.

The conclusion section could be strengthened by more explicitly linking back to the research objectives and providing clear recommendations for future research or practical applications based on the findings.

Authors revised the manuscript and uploaded the updated document.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.