



Effects of Structured Play Interventions on Self-Esteem, Physical Competence, and Psychological Well-Being in Children

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1. Round 1

Reviewer Comment	Author Response	Changes Made in Manuscript
Reviewer 1 – Comment 1: The research topic is relevant, but the introduction sentences could be made more concise to improve readability.	Thank you for this helpful suggestion. The introduction and abstract were edited for clarity and conciseness. Several long sentences were shortened and redundant wording was removed to improve readability and academic flow.	The abstract and introductory sentences were revised for improved clarity and conciseness.
Reviewer 1 – Comment 2: Ensure consistency in terminology related to body composition (e.g., fat-free mass and lean body mass).	We appreciate this comment. The terminology related to body composition variables was reviewed throughout the manuscript. The terms were standardized to ensure consistency and clarity in reporting the measured variables.	Terminology related to body composition was revised and standardized throughout the manuscript.
Reviewer 1 – Comment 3: The statistical reporting could be slightly improved.	Thank you for this suggestion. The description of the statistical analysis was refined, and the reporting of statistical results was standardized to improve clarity and follow common academic formatting conventions.	The statistical analysis description and reporting format (e.g., p-values) were edited for consistency.
Reviewer 2 – Comment 1: Some sentences are relatively long and should be simplified to improve readability.	We thank the reviewer for this comment. The manuscript was carefully edited for language clarity. Several sentences were rephrased or simplified to improve readability and coherence.	Minor language editing was applied throughout the manuscript.
Reviewer 2 – Comment 2: Terminology related to body composition should be used consistently.	We appreciate this observation. The manuscript was reviewed to ensure consistent use of body composition terminology. Where necessary, terms were clarified and standardized.	Terminology consistency was improved across the manuscript.
Reviewer 2 – Comment 3: The statistical description should be presented more precisely and follow standard formatting conventions.	Thank you for the suggestion. The statistical analysis section was revised to improve precision and presentation of statistical results.	Minor edits were made in the statistical analysis description and results reporting.