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# Perceived Barriers and Facilitators to Physical Activity Among Individuals with Disabilities: A Qualitative Study

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#### 1. Round 1

## 1.1 Reviewer 1

# Reviewer:

The objective section of the abstract should explicitly state the research question. For example: "This study aimed to explore the perceived barriers and facilitators to physical activity among individuals with physical disabilities through qualitative interviews."

The introduction could benefit from a deeper review of existing literature. For instance, while barriers are broadly mentioned, specifying studies that have identified similar barriers can provide stronger context.

The introduction would be strengthened by a clear hypothesis or research question. This would guide the reader and clarify the focus of the study.

Clarify the sampling method used to recruit participants. Was it convenience sampling, purposive sampling, or another method? This information is crucial for understanding the study's design.

The methods section should include a detailed table of participant demographics, including age, gender, type of disability, and duration of the disability, to provide a clearer understanding of the sample.

The results section effectively uses participant quotes. Ensure that quotes from a diverse range of participants are included to capture the full spectrum of experiences.



The discussion could delve deeper into the implications of the findings. For example, how do these barriers and facilitators compare with those identified in other studies?

Author revised the manuscript and uploaded the updated document.

#### 1.2 Reviewer 2

#### Reviewer:

The ethical considerations are briefly mentioned. It would be helpful to include details about the ethical approval process and how confidentiality was maintained.

The concept of theoretical saturation is mentioned, but the method for determining saturation is not clear. Specify how saturation was assessed and when it was considered achieved.

Provide a brief overview of the interview guide used, including key topics and example questions. This will help in understanding how the data was collected.

The data analysis process should include more detail on the coding procedure. How were discrepancies between the two researchers resolved?

While NVivo software is mentioned, it would be beneficial to describe how it was specifically used in the thematic analysis. The process of defining and naming themes should be elaborated. How did the researchers ensure that the themes accurately reflected the data?

Author revised the manuscript and uploaded the updated document.

### 2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

