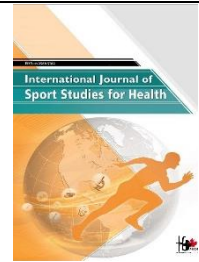


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Journal Homepage



## The Level of Students' Participation in Sports and Extracurricular Activities Following Educational Programs on Virtual Networks



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E d i t o r	R e v i e w e r s
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### 1. Round 1

#### 1.1 Reviewer 1

Reviewer:

The phrase “Inactivity increases the risk of developing chronic diseases in the post-COVID era (1,2).” is valid, but the introduction could benefit from a clearer theoretical framework connecting sedentary behavior, online education, and extracurricular participation.

The statement “the questionnaires were completed under the supervision and with the help of their parents” introduces potential bias. It is important to discuss how parental influence might affect self-report accuracy.

In Table 3, weight categories (normal, overweight, obese) are presented, but BMI cut-off thresholds are not provided. Please include classification criteria.

The claim “the digital divide in some countries is noteworthy; 60% of the world has the necessary infrastructure for online education...” is an important point, but the reference cited (2, 7, 10, 11) should be checked for accuracy, as they may not contain global infrastructure data.

Author revised the manuscript and uploaded the updated document.

## 1.2 Reviewer 2

Reviewer:

The repeated statement “Playing and exercising, as an accessible and healthy approach, in addition to increasing the level of physical and mental health...” appears twice almost identically. Please revise for conciseness to avoid redundancy.

The claim “So far, no comprehensive study has been conducted in this area within the country...” should be supported with a systematic review of Iranian studies to validate this research gap.

The sentence “This questionnaire has also been used in various studies in the country, and its validity and reliability have also been confirmed (13, 14).” is vague. Please provide specific reliability coefficients from the present study (Cronbach’s alpha, test-retest reliability).

The comparison with Li et al. and Takaya et al. is appropriate. However, the authors claim “These findings are consistent with previous studies...” without deeper exploration of cultural or regional differences that might explain discrepancies.

The passage “Expanding and participating in the development of sports is possible without motivation...” is confusing and grammatically problematic. It should be revised for clarity—likely meaning “impossible without motivation.”

The reference to “Amin (2020) concluded... psychology of fear...” does not directly relate to physical activity or extracurricular engagement. Please strengthen the link between fear, online education, and students’ behaviors.

Author revised the manuscript and uploaded the updated document.

## 2. Revised

Editor’s decision after revisions: Accepted.

Editor in Chief’s decision: Accepted.