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Comparing the Efficacy of Bowen Family Systems Therapy and Couple Therapy Based on Integrated Behavioral Systems on Marital Intimacy and Family Functions

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1. Round 1

1.1. Reviewer 1

Reviewer:

Provide a more comprehensive review of existing studies on Bowen Family Systems Therapy and Integrated Behavioral Couple Therapy, especially those directly comparing their effectiveness on marital intimacy and family functions.

Elaborate on the quasi-experimental design, including the criteria for participant selection, the process of random assignment, and the specifics of the intervention sessions.

Offer a more detailed presentation of the statistical analysis results, including effect sizes and confidence intervals, to better understand the magnitude and practical significance of the findings.

Deepen the discussion of how the findings contribute to the existing literature, theoretical implications, and practical applications in counseling practice.

Response: Revised and uploaded the manuscript.



1.2. Reviewer 2

Reviewer:

Strengthen the theoretical underpinnings that justify the selection of Bowen Family Systems Therapy and Integrated Behavioral Couple Therapy as interventions for improving marital intimacy and family functions.

Provide a more comprehensive analysis of the data, including the assumptions checked for the statistical tests employed, the rationale behind the choice of covariance analysis, and a discussion on the interaction effects.

Describe in greater detail the content and structure of the therapy sessions for both therapeutic approaches, including how each session contributes to the overall objectives of the interventions.

Critically evaluate the implications of the findings, considering the comparability of the two therapeutic approaches and their potential integration into clinical practice.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.