

The Impact of COVID-19 Quarantine on Lifestyle, Cognitive Function, Overweight, and Sleep Quality of Children and Adolescents

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1. Round 1

1.1. Reviewer 1

Reviewer:

The study's methodology requires further clarification regarding the selection of participants and the rationale behind the chosen descriptive-analytical approach. A more detailed explanation of the sampling strategy would enhance the study's validity.

The results section could benefit from a more comprehensive statistical analysis. Incorporating advanced statistical techniques could provide deeper insights into the data collected.

The discussion needs to be expanded to better integrate the findings with existing literature. This includes a more thorough examination of how the study's results align with or challenge previous research.

The article should provide more specific implications of the findings for policy and practice. Additionally, recommendations for parents, educators, and policymakers on mitigating the negative impacts of quarantine on children and adolescents could be more detailed.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The literature review should be expanded to include a broader range of studies, particularly those offering contrasting viewpoints or findings. This would set a stronger foundation for the study's objectives and hypotheses.

While the use of electronic questionnaires is mentioned, the article lacks a detailed description of how these tools were validated for this specific study population. Adding information on the reliability and validity of these instruments would strengthen the research methodology.

The interpretation of the study's findings appears to be straightforward. A deeper analysis exploring the causal relationships and underlying mechanisms would provide more value to the reader.

The study mentions adherence to ethical standards, but a more detailed discussion on how ethical challenges were addressed during the study, especially considering the vulnerable population, would be beneficial.

The statement on data availability is a good practice. However, elaborating on how the data can be accessed and under what conditions would promote transparency and enable replication or further analysis by other researchers.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.