




The Effectiveness of Choice Theory-Based Parenting Education on Distress Tolerance, Family Cohesion, and Maternal Parenting Self-Efficacy in Mothers of Children with Oppositional Defiant Behaviors


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1. Round 1

1.1. Reviewer 1

Reviewer:

The section on prior research seems limited given the complexity of the topic. Consider including more recent studies that explore the direct impacts of parenting styles on children with oppositional defiant behaviors to strengthen your theoretical framework.

The description of the sampling method lacks details about how participants were screened for other potential psychological factors that might influence the outcome. It would be beneficial to include a more thorough explanation of the exclusion criteria and any diagnostic assessments used.

The paper mentions using repeated measures ANOVA but does not specify which within-subjects factors were analyzed (time points, conditions). Clarify these details in the methodology section to enhance understanding of the analysis process.

It's unclear whether the control group received any form of intervention or engagement. Specify this to help readers understand if the control conditions were adequately managed to avoid confounding variables.

The tables are informative, but the narrative could better highlight the practical significance of the findings. Discuss the effect sizes and their implications for real-world applications of Choice Theory in parenting interventions.

While the discussion ties back to previous literature, it could benefit from a deeper exploration of how Choice Theory specifically influences the parenting behaviors and psychological outcomes discussed. Adding comparisons with alternative therapeutic approaches could provide a more balanced view.

The follow-up period post-intervention is not specified, which could impact the interpretation of the results' longevity. Providing details on the follow-up duration would allow for a better assessment of the intervention's lasting effects.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The study could benefit from an analysis of how demographic variables (e.g., age, socioeconomic status) might interact with the intervention's effectiveness. This would add depth to the understanding of who most benefits from Choice Theory-based parenting education.

Expand on how Choice Theory's principles specifically relate to the constructs of distress tolerance, family cohesion, and parenting self-efficacy. This could be achieved by incorporating models or frameworks that directly link these constructs to the interventions used.

Detail the validity and reliability of the measurement tools used, especially in the cultural context of the study. If adaptations were made, clarify these changes and their rationale to ensure the measures' appropriateness.

Provide a more detailed description of what each session entailed. This is crucial for reproducibility and to allow practitioners to understand the specific components of the intervention that might be applicable in other settings.

The interpretation of the results could be strengthened by discussing potential biases or limitations in the data collection methods, such as response biases from self-reported measures.

Suggest areas for future research, particularly longitudinal studies that could address the changes in parenting efficacy and child behavior over longer periods. Additionally, studies exploring father's roles could provide a more comprehensive view of family dynamics.

While the paper mentions adherence to ethical guidelines, it would enhance the credibility of the research to provide specific details about how participant confidentiality was ensured and how informed consent was obtained.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.