



Predicting Distress Tolerance in the Elderly Based on Experiential Avoidance and Spiritual Intelligence

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1. Round 1

1.1. Reviewer 1

Reviewer:

The research question could be better framed to specify aspects of "distress tolerance" that are being predicted. It may help to clarify how "experiential avoidance" and "spiritual intelligence" are operationally defined in the context of your study.

The literature review should be expanded to include recent studies on distress tolerance among elderly populations outside of Iran, providing a more comprehensive global perspective and highlighting any regional differences or similarities in findings.

Please provide more detailed explanations of the measures used, particularly how the scales for spiritual intelligence and experiential avoidance have been validated in elderly populations. This could strengthen the reliability of your results.

Address the potential bias in sample selection due to the use of cluster sampling and its impact on the generalizability of the study results. Consider discussing how these results might differ with a more randomized or stratified sample.

Expand on the statistical methods by including additional analyses such as mediation or moderation to explore if the relationship between experiential avoidance, spiritual intelligence, and distress tolerance is influenced by other variables like physical health or socio-economic status.

The limitations section could be more detailed. Discuss the implications of self-reported data and potential biases it might introduce. Also, consider limitations related to the cross-sectional design of the study.

Enhance the conclusion section by discussing specific, actionable interventions that could be derived from your findings. How can practitioners in mental health use this information in their daily practice?

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

Ensure consistency in the terminology used throughout the paper, especially terms like "elderly," "seniors," and "older adults." Choose one and stick to it to avoid confusion.

Clarification of Constructs: Provide clearer definitions and examples of key constructs such as "experiential avoidance" and "spiritual intelligence" in the introductory sections to help non-expert readers understand these concepts better.

The manuscript could benefit from a thorough proofreading to correct occasional grammatical errors and improve sentence structure for better readability.

Provide a deeper interpretation of the findings, discussing not just the statistical significance but also the clinical significance of the relationships found. How do these findings impact real-world settings?

Elaborate on the ethical considerations taken during the study, especially pertaining to working with an elderly population, which often requires special attention to consent and cognitive impairments.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.