





Examining the Effect of a Strength-Based Approach on Distress Tolerance and Frustration Tolerance in Divorced Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

The manuscript lacks detailed descriptions of the procedures used during the intervention. It is recommended to provide a step-by-step breakdown of activities in each session of the strength-based approach to enhance reproducibility.

The sample size appears limited, considering the variability inherent in psychological responses. A power analysis should be included to justify the sample size or suggest a larger cohort for future studies to improve the reliability of the results.

Clarify if the control group was engaged in any activities or given any alternative interventions. This is crucial to ensure that the effects observed are solely attributable to the strength-based approach.

Expand on the statistical methods by including assumptions checked for each test, particularly normality and sphericity in the case of repeated measures ANOVA, to ensure the appropriateness of the analysis techniques used.

The review could be strengthened by discussing more recent studies that have employed strength-based approaches in similar populations. This would help to position your findings within the current research landscape more effectively.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

It is advised to discuss the cultural relevance and validity of the Harrington Frustration Tolerance and Simons and Gaher Distress Tolerance Questionnaires for the Iranian population. Any cultural adaptations made to the instruments should be described.

More detailed descriptions of the intervention's content could improve understanding of what specific elements might be contributing to observed changes. Include materials used, any homework assigned, and the nature of the therapeutic interactions.

Incorporating qualitative feedback from participants could enrich the findings, providing more depth into how the intervention was perceived and its impact on the participants' daily lives.

The manuscript would benefit from a more thorough integration of the theoretical framework behind strength-based approaches. How do these theories specifically relate to the outcomes seen in divorced women?

While ethical considerations are noted, expanding on any specific ethical challenges encountered during the study, especially regarding the vulnerable population of divorced women, would be insightful.

Discuss potential confounding variables that might have influenced the study's outcomes, such as participants' prior exposure to psychological interventions or concurrent mental health treatments.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.