




Article history:
Received 27 February 2024
Revised 22 March 2024
Accepted 28 March 2024
Published online 01 April 2024

Effectiveness of Acceptance and Commitment-Based Couples Therapy on Attitudes Towards Marital Infidelity and Emotional Regulation in Married Women

Mahsa. Yousefpouri¹, Saeedeh. Zomorodi^{2*}, Saeideh. Bazzazian³


¹ M.A Department of Psychology, West Tehran Branch, Islamic Azad University, Tehran, Iran

² Assistant Professor, Department of Psychology, West Tehran Branch, Islamic Azad University, Tehran, Iran



³ Associate Professor, Department of Psychology, Abhar Branch, Islamic Azad University, Abhar, Iran

* Corresponding author email address: saeedeh.zomorody@gmail.com

Editor

Azizuddin Khan
Professor, Psychophysiology
Laboratory, Department of
Humanities and Social Sciences
Indian Institute of Technology
Bombay, Maharashtra, India
aziz@hss.iitb.ac.in

Reviewers

Reviewer 1: Maasuomeh Behboodi
Assistant Professor, Counseling Department, Roudehen Branch, Islamic Azad
University, Roudehen, Iran. Email: masomehbehbodi@riau.ac.ir
Reviewer 2: Shahrokh Makvand Hoseini
Associate Professor, Department of Psychology, Semnan University, Iran.
Email: shmakvand@semnan.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

Clarify the operational definitions used for emotional and sexual infidelity. Include specific behaviors classified under each type to aid in the reader's understanding of how these are differentiated within the context of Iranian culture.

Incorporate additional theoretical frameworks such as attachment theory or the social exchange theory to deepen the background against which the study's hypothesis is framed.

Provide a statistical justification for the chosen sample size of 30 participants. Include power analysis calculations to support the assertion that this number is sufficient to detect significant differences between control and experimental groups with the expected effect size.

Detail any non-therapeutic engagement activities for the control group to control for engagement or time-spent effects.

Elaborate on the steps taken for cultural adaptation and linguistic validation of the "Marital Infidelity Tendency Questionnaire" and the "Difficulties in Emotion Regulation Scale" for the Iranian population. Include pilot testing results or inter-rater reliability scores if available.

Propose the use of mixed models to account for individual differences and repeated measures across time points (pre-test, post-test, follow-up). Discuss the potential of these models to handle missing data and intra-subject correlations.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

Expand the demographic profile of participants to include varied educational levels and lengths of marriage. Explain how this broader sample will help in examining the effects of socioeconomic status and marital duration on therapy outcomes.

Outline procedures used for ensuring fidelity in therapy delivery, such as random session audits or therapist supervision logs. Describe how consistency was maintained across different therapists, if applicable.

Provide a detailed session-by-session breakdown including specific exercises, discussion topics, and homework assignments given to participants. This will enhance the replicability of the study and allow for a clearer understanding of the intervention components.

Introduce the use of physiological measures (e.g., skin conductance, heart rate variability) as objective correlates of emotional regulation to provide a biopsychological perspective that complements self-report data.

Detail the steps taken to protect participants from potential distress caused by discussing sensitive issues like infidelity. Include information on the provision of additional support or referral options available for participants experiencing distress.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.