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Effectiveness of Dialectical Behavior Therapy-based Skill Training on Distress Tolerance, Emotional Cognitive Regulation, and Marital Quality of Life in Women with Recurrent Miscarriages

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1. Round 1

1.1. Reviewer 1

Reviewer:

In the 'Findings and Results' section, you mention significant differences in means across different stages but do not provide the actual p-values. Including these would enhance transparency and allow readers to understand the strength of these findings.

While the discussion section aligns the study's findings with previous literature, it lacks a critical analysis of how this study's results might challenge or expand current knowledge. Consider discussing any discrepancies between your findings and prior studies and hypothesize potential reasons for these differences.

The method section describes using repeated measures ANOVA but does not specify which post-hoc tests were conducted to handle the significant interactions found. Specifying this would aid in replicability and the robustness of the statistical analysis.

The sample size is relatively small (n=30), which might limit the generalizability of the findings. Acknowledge this limitation more prominently and discuss potential impacts on the study's conclusions.

Ensure consistency in terminology throughout the document. For instance, 'emotional cognitive regulation' is also referred to as 'cognitive emotional regulation' in various parts. Consistent terminology would improve the paper's professionalism and readability.

The abstract could be more informative by including brief mentions of the study design, key findings (with effect sizes), and implications. This would provide a clearer snapshot of the study to readers at a glance.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

Alongside statistical significance, report the effect sizes for main findings to provide insight into the magnitude of the intervention's effects. This is crucial for assessing practical significance.

Enhance the discussion section by hypothesizing potential psychological mechanisms through which DBT affects distress tolerance and marital quality. This could include theories related to emotional processing or stress coping.

If follow-up data is available, provide a more detailed analysis comparing long-term effects to immediate post-intervention outcomes, discussing any potential decay or improvement in effects.

If possible, conduct and report a subgroup analysis to explore whether the intervention's effectiveness varies across different demographic or psychological profiles within the sample.

Report the dropout rates and reasons for dropout from both the experimental and control groups. Discuss how dropout might have affected the study's outcomes and generalizability.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.