




Comparison of the Effectiveness of Assertiveness Training and Logotherapy on Cognitive Emotional Regulation and Psychological Well-Being in Mothers of Children with Autism Spectrum Disorder

Narges. Barnameh¹, Nasrin. Bagheri^{2*}, Zahra. Tanha³


¹ PhD Student, Department of Psychology, Borujerd Branch, Islamic Azad University, Borujerd, Iran

² Assistant Professor, Department of Psychology, Roudehen Branch, Islamic Azad University, Roudehen, Iran



³ Assistant Professor, Department of Literature and Humanities, Khorramabad Branch, Islamic Azad University, Khorramabad, Iran

* Corresponding author email address: bagheri.nas@gmail.com

Editor

Eman Tadros
Family Department, Governors
State University, University Park,
Illinois, USA
emantadros@gmail.com

Reviewers

Reviewer 1: Mohammadreza Zarbakhsh Bahri
Associate Professor, Department of Psychology, Tonekabon Branch, Islamic Azad
University, Tonekabon, Iran. Email: M.Zarbakhsh@Toniau.ac.ir
Reviewer 2: Mehdi Rostami
Department of Psychology and Counseling, KMAN Research Institute, Richmond
Hill, Ontario, Canada. Email: dr.mrostami@kmanresce.ca

1. Round 1

1.1. Reviewer 1

Reviewer:

The introduction could better outline the theoretical framework linking assertiveness training and logotherapy to psychological outcomes in parents of children with autism. Clarify early in the introduction how these therapies are hypothesized to influence cognitive emotional regulation and psychological well-being.

Expand the review of existing literature by including more recent studies that discuss the direct comparison between assertiveness training and logotherapy, particularly those focusing on similar populations. This would strengthen the foundation for your research question.

Provide more specific details on the randomization process used to assign participants to the experimental and control groups. This would enhance the credibility of your study design.

The use of additional statistical tests, such as effect size calculations, would provide a more comprehensive understanding of the practical significance of the findings, not just the statistical significance.

The results section would benefit from more detailed subgroup analyses, particularly looking at differences in outcomes based on baseline levels of emotional regulation and well-being.

More thorough discussion of the limitations relating to the generalizability of the study findings to other populations and settings would be helpful. Consider also discussing how the findings can be applied in practical settings.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

Include a measure of intervention fidelity to ensure that the interventions were delivered consistently across all sessions and groups. This is crucial for validating the study's results.

Clarify why these particular psychological scales were chosen and discuss their validity and reliability in the context of your study population. This could involve a brief review of their use in similar research contexts.

Elaborate on the ethical considerations, particularly how participants were informed of their right to withdraw and any compensations or incentives provided for their participation.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.