

Sexual Cognitive Behavioral Therapy's Effectiveness on Sexual Awareness and Psychological Functioning in Married Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

The introduction references Sadock et al. (2007) and Lin et al. (2020). Ensure these references are included in the reference list. Missing references can undermine the credibility of the paper.

The statement, "Sexual awareness in Iranian women due to specific social and cultural restrictions is an area that has been less addressed," needs further elaboration. Provide examples of these cultural restrictions and their implications on the study.

The text states, "assuming the prerequisites for using covariance analysis in SPSS software version 22 were employed." Specify these prerequisites and confirm if they were met, such as normality and homogeneity of variance.

Table 1 shows mean and standard deviation but does not include confidence intervals. Including confidence intervals for the means would provide a better understanding of the data's variability.

The Kolmogorov-Smirnov test is mentioned. Provide specific p-values and test statistics for clarity. It is not enough to state that the values ranged between -1.96 and +1.96.

In Tables 2 and 3, include the degrees of freedom for the F-tests. This addition will help readers understand the robustness of the statistical analysis.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The criteria for participant selection are listed. Clarify how "willingness to participate" was assessed. Were there any incentives provided for participation?

The description of the DASS and the Sexual Awareness Questionnaire is thorough. However, consider providing the reliability coefficients (e.g., Cronbach's alpha) for the current study sample, not just past studies.

The cognitive-behavioral therapy (CBT) sessions are well-outlined. It would be beneficial to include a rationale for the 12-week duration. Why was this duration chosen over shorter or longer periods?

The discussion section mentions, "In explaining the results, it can be said that sexual awareness may be influenced by stress, emotional disorders, and a lack of awareness of the physiological functioning of sexual behavior." Provide specific examples or case studies to substantiate this claim.

The explanation of cognitive restructuring is insightful. However, integrating quotes from participants or illustrative examples would enrich the narrative.

The conclusion reiterates findings but lacks a call to action or future research directions. Suggest specific areas for future research or potential practical applications of the findings.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.