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# Efficacy of Acceptance and Commitment Therapy on Intimacy, Marital Forgiveness, and Marital Burnout in Women Affected by Extramarital Relationships

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### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

The abstract provides a good overview of the study. However, it would benefit from including specific statistical outcomes (e.g., effect sizes, p-values) to highlight the significance of the findings.

The introduction covers the relevant background well. However, the literature review could be strengthened by including more recent studies on Acceptance and Commitment Therapy (ACT) and its effects on marital relationships.

Clearly state the specific hypotheses at the end of the introduction to guide readers on what the study aims to test.

The sample size justification based on G-Power is appropriate. However, provide a more detailed explanation of why 30 participants per group is considered sufficient, considering potential dropout rates.

Elaborate on why purposive sampling was chosen and discuss its potential limitations, especially regarding the generalizability of the findings.

Response: Revised and uploaded the manuscript.



#### 1.2. Reviewer 2

#### Reviewer:

Clarify the rationale behind the specific inclusion and exclusion criteria, particularly the time frame of 3 to 6 months for the occurrence of extramarital relations.

Include more detailed psychometric properties (e.g., validity, reliability) for each scale used. Mention if these scales have been validated in the specific cultural context of the study.

The intervention description is thorough. However, consider providing a table summarizing the key activities and objectives of each session for clarity.

Present a table with participant demographics (e.g., age, education level, duration of marriage) to provide context about the sample.

Report the results of the Shapiro-Wilk test and Levene's test in the text, along with a brief explanation of their implications for the analysis.

Ensure that the means and standard deviations are clearly labeled for pretest, posttest, and follow-up stages for each group in Table 1.

Include model fit indices for the structural equation modeling to demonstrate the adequacy of the proposed model.

Report effect sizes for all significant findings to provide a sense of the practical significance of the results.

Discuss any changes observed at the follow-up stage and how they compare to the posttest results. This can provide insights into the long-term efficacy of the intervention.

Compare your findings in greater depth with previous studies on ACT, particularly those focusing on marital relationships and infidelity.

Provide more detailed practical implications of your findings, especially for therapists working with couples affected by infidelity.

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

