




Effectiveness of a Communication Skills Training Protocol on Improving Marital Burnout

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1. Round 1

1.1. Reviewer 1

Reviewer:

The results are analyzed using visual methods and the reliable change index, but the presentation of these analyses could be improved. Include more detailed figures and charts that clearly depict the trends and changes over time for each couple.

The recovery percentage and reliable change index are reported, but additional statistical measures, such as confidence intervals or effect sizes, would provide a more comprehensive understanding of the intervention's impact.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The follow-up results are briefly mentioned. Provide a more detailed analysis of the follow-up data, discussing any changes or stability in outcomes over time and the implications for the long-term effectiveness of the intervention.

The discussion touches on the effectiveness of communication skills training. Expand on the theoretical implications of the findings, specifically how they contribute to understanding the mechanisms through which communication skills impact marital burnout.

The practical implications for therapists and counselors are noted. Provide more specific recommendations for integrating the communication skills training protocol into clinical practice, including any potential modifications or considerations for different populations.

While several limitations are acknowledged, a more detailed discussion of potential biases introduced by the use of self-report measures and the lack of a control group would provide a more balanced view of the study's strengths and weaknesses.

The suggestion for future research to include a more diverse sample and a control group is valuable. Additionally, propose exploring the long-term effects of communication skills training with extended follow-up periods and possibly incorporating mixed-methods approaches to gain deeper insights into the couples' experiences.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.