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The Effectiveness of Stress Inoculation Training (SIT) on Co-Parenting Quality and Interpersonal Obsessive-Compulsive Symptoms in Mothers

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1. Round 1

1.1. Reviewer 1

Reviewer:

The transition from discussing the impact of OCD on family dynamics to the relevance of SIT (Paragraph 3) feels abrupt. Consider adding a sentence that smoothly connects these concepts.

The description of the SIT intervention (Sessions 1-8) is well-structured but could benefit from including the exact scripts or example exercises used in each session to increase replicability.

The Measures section does not indicate how missing data were handled. Please explain any imputation methods or whether a complete case analysis was performed.

You mention that assumptions for ANOVA were checked. Please elaborate on the results of these tests, especially the implications if any assumption was borderline or violated.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The section outlining the cognitive-behavioral theoretical framework should integrate more recent references to strengthen the scientific foundation and ensure up-to-date support for the SIT approach.

Clarify whether any steps were taken to blind participants or researchers to minimize bias. This is particularly relevant in a randomized controlled trial.

While the Co-Parenting Relationship Scale and OCI-R are described as valid, it would be beneficial to include reliability coefficients (e.g., Cronbach's alpha) specific to your sample.

Although you report ANOVA findings, including effect sizes (e.g., partial eta squared) consistently would help assess the practical significance of your results.

The Discussion does not deeply explore potential mechanisms explaining why SIT improved co-parenting quality and reduced symptoms. Could cognitive restructuring or social support have played a more significant role?

You draw parallels to previous research, but adding a comparison with studies that used different interventions would help contextualize the uniqueness of SIT.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.