




Comparison of the Effectiveness of Adolescent-Specific Psychological Security Training with Adolescent-Centered Mindfulness Training on the Altruism of Adolescents with Psychological Insecurity

Alireza. Fatahi Dolatabadi¹, Seyed Hamid. Atashpour^{2*}, Mohsen. Golparvar³


¹ PhD Student, Department of Psychology, Faculty of Educational Sciences and Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

² Associate Professor, Department of Psychology, Faculty of Educational Sciences and Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran



³ Professor, Department of Psychology, Faculty of Educational Sciences and Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

* Corresponding author email address: hamidatashpour@gmail.com

Editor

Asoke Kumar Saha
Professor Department of
Psychology, Jagannath University,
Dhaka, Bangladesh
drasoke@psychology.jnu.ac.bd

Reviewers

Reviewer 1: Taher Tizdast
Assistant Professor, Department of Psychology, Tonekabon Branch, Islamic Azad University, Tonekabon, Iran. Email: taher.tizdast@toniau.ac.ir
Reviewer 2: Meysam Sadeghi
Assistant Professor of Department of Cognitive Psychology, Higher Education Institute of Cognitive Sciences, Tehran, Iran. Email: m.sadeghi@icss.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

The citation "Khaleghi et al., 2023" needs a more specific page number or section reference for better traceability of the quoted material.

The statement "Research indicates that 28% of adolescents face mental health issues (Burešová et al., 2020)" should include more context on the nature of these mental health issues and the demographic studied.

The altruism measurement tool by Ashton et al. (1998) is briefly described. Include more information on its validity and reliability in the context of Iranian adolescents.

The phrase "Data were analyzed using descriptive statistics" is too general. Specify which descriptive statistics were used and how they informed the subsequent analyses.

The table presents the means and standard deviations of the altruism variable. Include a footnote explaining the significance of the changes observed in the experimental groups compared to the control group.

The phrase "The results of the Shapiro-Wilk test showed that altruism at all three stages—pre-test post-test and follow-up—had a normal distribution ($p > .05$)" is unclear. Specify the exact p-values and degrees of freedom.

The table indicates significant within-subjects effects. Explain why the Greenhouse-Geisser correction was used and its impact on the interpretation of results.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The inclusion criteria state "family consent for participation." It would be beneficial to specify the process and documentation required for obtaining this consent to enhance replicability.

The Edmonson Psychological Security Questionnaire (1999) is mentioned. Provide more details on its validation in the context of this study population, including psychometric properties.

The activities in this session are not clearly linked to the theoretical framework. Explain how establishing group dynamics relates to improving psychological security.

The "good memory" exercise is mentioned. Clarify how this specific exercise is designed to improve body awareness and provide a rationale for its inclusion.

Clarify the meaning of "partial eta squared for the group factor is .59" and discuss its practical significance.

The sentence "Although no previous studies have compared these two educational packages on altruism among adolescents with insecurity" should be expanded to include potential reasons why this comparison is novel and important.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.