

Article history:  
Received 16 April 2024  
Revised 09 June 2024  
Accepted 19 June 2024  
Published online 01 August 2024

## Predicting Marital Satisfaction Based on Cognitive Emotion Regulation Strategies with the Mediating Role of Resilience in Married Women

Zohreh. Vaseghi<sup>1</sup>, Hasan. Ahadi<sup>2,3\*</sup>, Hossein. Bigdeli<sup>4</sup>, Javad. Khalatbari<sup>5</sup>

<sup>1</sup> PhD student, Department of Psychology, Emirates International Branch, Islamic Azad University, Dubai, UAE

<sup>2</sup> Professor, Department of Psychology, Allameh Tabataba'i, Tehran, Iran


<sup>3</sup> Department of Psychology, Emirates International Branch, Islamic Azad University, Dubai, UAE

<sup>4</sup> Assistant Professor, Department of Psychology, Faculty of Humanities, Tehran East Branch, Islamic Azad University, Tehran, Iran



<sup>5</sup> Associate Professor, Department of Psychology, Tonekabon Branch, Islamic Azad University, Tonekabon, Iran

\* Corresponding author email address: ahadi@aut.ac.ir

### Editor

Azizuddin Khan  
Professor, Psychophysiology  
Laboratory, Department of  
Humanities and Social Sciences  
Indian Institute of Technology  
Bombay, Maharashtra, India  
aziz@hss.iitb.ac.in

### Reviewers

**Reviewer 1:** Parvaneh Mohammadkhani  
Professor, Department of Clinical Psychology, University of Rehabilitation Sciences  
and Social Health, Tehran, Iran. Email: Pa.mohammadkhani@uswr.ac.ir  
**Reviewer 2:** Manijeh Daneshpour  
Department of Couple and Family therapy, Alliant International University,  
California, United States of America. mdaneshpour@alliant.edu

## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The use of a non-random convenience sampling method should be justified. Explain why this method was chosen over random sampling and discuss any potential biases it might introduce.

Provide more detailed justification for the inclusion criteria, particularly the requirement of scoring at least 120 on the Marital Conflict Questionnaire. Explain the rationale behind this threshold.

The description of the ENRICH Marital Satisfaction Scale should include a brief explanation of how the subscales were used in the analysis. Were all subscales included, or only specific ones? This impacts the interpretation of the results.

While the reliability coefficients are mentioned, it would be beneficial to explain why these reliability values are considered acceptable. Compare these values to general standards in psychological research.

The skewness and kurtosis values are provided, but it would be helpful to include a brief discussion on how these values support the normality assumption for the variables.

The correlation table presents significant relationships, but the narrative should also address any unexpected non-significant correlations. Discuss potential reasons and implications for these findings.

The justification for using path analysis could be strengthened by explaining its advantages over other analytical methods for this study's context. Why was path analysis chosen?

The reported model fit indices indicate a good fit, but it would be helpful to include a comparison to acceptable thresholds (e.g., RMSEA < 0.08, CFI > 0.90) to contextualize these results.

The discussion on resilience would benefit from integrating more recent literature on the topic. For instance, discuss how resilience as a dynamic process interacts with marital satisfaction in more depth.

The limitations section should address the potential impact of using self-report measures. Discuss how this might influence the results and any steps taken to mitigate these issues.

The practical implications for family counselors are mentioned briefly. Expanding on specific strategies or interventions that could be derived from these findings would enhance the practical relevance of the study.

Response: Revised and uploaded the manuscript.

### 1.2. Reviewer 2

Reviewer:

Provide more detailed demographic information, such as education level and socio-economic status, to give a fuller picture of the sample characteristics.

The introduction could be strengthened by more explicitly linking the study to a theoretical framework. How do cognitive emotion regulation strategies and resilience fit within existing theories of marital satisfaction?

Define key terms such as "cognitive emotion regulation strategies" and "resilience" early in the introduction to ensure clarity for readers unfamiliar with these concepts.

The descriptive-correlational study design is mentioned, but it would be helpful to include a brief discussion on the limitations of this design, particularly regarding causality.

The literature review could be expanded to include more recent studies on marital satisfaction, cognitive emotion regulation, and resilience, ensuring the study is situated within the current research landscape.

More details on the administration of the questionnaires (e.g., online, in-person, duration) would provide a clearer understanding of the data collection process.

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.