

## Comparison of the Effectiveness of Paradox Timetable Cure (PTC), Acceptance and Commitment Therapy Matrix (ACTM), and Emotion-Focused Therapy (EFT) on Differentiation and Emotional Self-Regulation in Women with Marital Conflict

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### Reviewers

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

"The sentence 'The level of children's adjustment is determined by the amount of emotional conflict...' lacks a citation. Please provide references to support this claim."

"The presentation of ANOVA results could be enhanced by including effect sizes along with p-values. Effect sizes provide additional context regarding the practical significance of the findings."

"In tables presenting mean and standard deviation, please include a note explaining any abbreviations and the scale of the measurements used. This will improve the clarity for readers unfamiliar with the specific instruments."

"The Bonferroni post hoc test results are presented, but it is not clear which comparisons are statistically significant. Please highlight or annotate the significant differences in the table for better clarity."

"The discussion begins with a summary of the findings. It would be helpful to explicitly relate these findings back to the hypotheses stated in the introduction. Please ensure there is a clear link between your results and the initial hypotheses."

"The phrase 'changes in message codes and interaction patterns among the three participants' needs clarification. Specify who the three participants are and provide more detail on the nature of these changes."

Response: Revised and uploaded the manuscript.

### 1.2. Reviewer 2

Reviewer:

"While discussing the concept of differentiation, it would be beneficial to include more recent studies on the topic. The last cited work in this paragraph is from 2015. Please add references from the past five years to ensure the literature review is up-to-date."

"The inclusion and exclusion criteria are listed, but the rationale behind these criteria is not explained. Please elaborate on why these specific criteria were chosen and how they help in achieving the study's objectives."

"For the Differentiation of Self Inventory (DSI), you mention it has been validated by 'many researchers.' Please provide specific references to studies that have validated this tool."

"The description of the Paradox Timetable Cure (PTC) is thorough but lacks detail on how adherence to the intervention was monitored. Please include information on any measures taken to ensure that participants adhered to the therapy sessions and tasks."

"When discussing the results of the ACT Matrix, you reference the concept of 'attention-stealing traps.' Please provide a brief explanation or a citation for this concept to ensure readers understand its relevance."

"The explanation of EFT's impact on differentiation could benefit from a direct comparison with the other therapies discussed. How does EFT's approach differ in practice and effectiveness from PTC and ACTM?"

"The phrase 'this study aimed to compare' should be revised to 'this study successfully compared' to reflect that the comparison was conducted and yielded results."

"You mention the limitations of self-reported measures. Consider suggesting alternative or supplementary objective measures that could be used in future research to enhance the validity of findings."

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.