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Comparison of the Effectiveness of Cognitive-Behavioral Therapy and Schema Therapy on Psychological Capital in Women Affected by Marital Infidelity

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1. Round 1

1.1. Reviewer 1

Reviewer:

In the paragraph starting with "Extramarital affairs are among the most destructive issues couples face..." consider elaborating on the specific psychological impacts of each type of infidelity mentioned. This will provide a clearer context for the reader and strengthen the introduction's scope.

In the "Interventions" section detailing schema therapy and cognitive-behavioral therapy (CBT) sessions, include more specific examples of activities or exercises used in each session. This will provide readers with a clearer understanding of the intervention content.

In the "Data Analysis" section, explicitly mention why ANCOVA was chosen over other statistical tests. Explain how it helps control for any pre-test differences and justify its suitability for this study.

In Table 2, where the effect sizes are presented, provide a brief interpretation of what these effect sizes mean in practical terms. For instance, explain how a 76% effect size translates to real-world improvements in psychological capital.

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In the discussion of Bonferroni test results (Table 3), include a brief explanation of why this post-hoc test was necessary and what it adds to the understanding of group differences. This will help readers unfamiliar with the statistical methods appreciate the thoroughness of your analysis.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

In the paragraph beginning with "Various theoretical models have been proposed to explain and treat the damage caused by infidelity in couples...", ensure the literature review includes the most recent studies (2022-2024) to give a more current view of the field. Including the latest findings will add depth to the background information.

In the "Study design and Participant" section, further justify the use of purposive sampling over other sampling methods. Discuss potential biases introduced by this choice and how they were mitigated.

In the "Findings and Results" section where you discuss the demographics of the sample, add a table or figure illustrating the distribution of educational levels and age groups among participants. Visual representation will enhance clarity.

In the discussion section, where you mention the greater effectiveness of CBT over schema therapy, delve deeper into the theoretical reasons behind this finding. Discuss how the cognitive restructuring component of CBT might specifically enhance psychological capital.

When addressing contradictory findings in previous research, such as the study by Kiaei et al. (2020), provide more detail on the methodological differences that might explain these discrepancies. This will strengthen the discussion on the robustness of your findings.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

