

The Effectiveness of Cognitive-Behavioral Family Therapy on Marital Attributions, Sexual Assertiveness, and Gender Stereotypes with Insecure Attachment Styles in Rasht

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1. Round 1

1.1. Reviewer 1

Reviewer:

In the introduction, "Attachment styles are significant predictors of mental health (Linley 2006; as cited in Afzal 2020)" lacks recent references. Include more current studies to substantiate this claim and show the evolution of the research in this area.

In the methodology section, "A total sample of 30 couples" needs further clarification. Provide more details on the sampling technique and justify the sample size. Explain why 30 couples were considered sufficient and how the purposive sampling was implemented.

The statement "Ethical considerations in this study included voluntary participation" should include more details on how confidentiality was maintained, any potential conflicts of interest, and how the consent process was managed, ensuring adherence to ethical standards.

The data analysis section mentions using "repeated measures analysis of variance," but lacks detail on assumptions checks (e.g., sphericity) and any corrective measures taken (like Greenhouse-Geisser correction). Include this information to validate the robustness of the statistical analysis.

Table 1 lists mean and standard deviations but would benefit from including confidence intervals for each mean score. This will provide a clearer picture of the data distribution and reliability of the results.

In discussing the findings, the sentence "A repeated measures ANOVA for the experimental group was conducted at three stages" should specify the F-values and p-values for each comparison to substantiate the claims made about the effectiveness of the intervention.

The discussion section should elaborate on how the findings contribute to existing theories of cognitive-behavioral therapy and marital attributions. Integrate specific theories to provide a deeper theoretical context to your results.

In the discussion, the practical implications of "improved sexual assertiveness" need more elaboration. Discuss how this improvement might manifest in everyday interactions and long-term relationship dynamics.

The conclusion briefly mentions the study's findings. A more detailed summary highlighting the key statistical outcomes and their implications for therapy practice would strengthen this section.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The statement "Couples with insecure attachment styles show distrust towards their spouses" (Stuber 2005; Barnes 2004) should be expanded to explain how this distrust specifically impacts marital attributions and gender stereotypes, creating a stronger link to your hypothesis.

The section on measures lacks consistency in reporting reliability and validity. For example, "Cronbach's alpha of 0.41 for the secure style" is relatively low. Discuss how this might affect your findings and consider mentioning any supplementary measures taken to ensure data reliability.

While the intervention protocol is described, there should be more emphasis on the specific techniques used in each session, especially in Sessions 3, 4, and 6. This would provide a clearer understanding of the cognitive-behavioral strategies employed.

The limitations section should address the potential impact of demographic variables such as age, duration of marriage, and cultural background on the study's findings. This will provide a more nuanced understanding of the results' applicability.

Discuss the limitations regarding the generalizability of the findings to populations outside of Rasht. Consider including suggestions for future research to explore similar interventions in different cultural contexts.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.