




## The Effectiveness of Schema-Based Parenting Training on Parenting Stress, and Parent-Child Interaction Quality in Mothers of Children Aged 4 to 12 Years

Azadeh. Valipour<sup>1</sup>, Pantea. Jahangir<sup>2\*</sup>, Simindokht. Rezakhani<sup>3</sup>

<sup>1</sup> PhD Student, Department of Counseling, Roudehen Branch, Islamic Azad University, Roudehen, Iran

<sup>2</sup> Assistant Professor, Department of Counseling, Roudehen Branch, Islamic Azad University, Roudehen, Iran



<sup>3</sup> Associate Professor, Department of Counseling, Roudehen Branch, Islamic Azad University, Roudehen, Iran

\* Corresponding author email address: jahangirpantea@gmail.com

### Editor

Ahmad Abedi<sup>1</sup>  
Associate Professor, Department of Psychology of Children with Special Needs, University of Isfahan, Iran  
a.abedi@edu.ui.ac.ir

### Reviewers

**Reviewer 1:** Azade Abooei<sup>1</sup>  
Department of Counseling, Faculty of Humanities, University of Science and Art, Yazd, Iran. Email: a.abooei@tea.sau.ac.ir  
**Reviewer 2:** Roodabeh Hooshmandi<sup>1</sup>  
Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada. Email: roodhooshmandi@kmanresce.ca

## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The opening statement, "Since parenting plays a crucial role in shaping children's personalities," is too broad. Consider including more recent statistical data or studies that underline the impact of parenting on child development to establish a stronger foundation for your argument.

The explanation of using mixed ANOVA is sound, but there is no rationale provided for choosing this analysis. A brief justification would clarify why this method was most appropriate for your study.

When discussing the findings on parental burnout, it would be beneficial to include a comparison to existing literature. This will contextualize your findings and highlight the study's contributions.

"This finding aligns with the findings of Ghasemi, Atashpour, and Sajadian (2018)." Consider discussing the practical implications of your findings for counseling practices or policy recommendations to make the discussion more applicable to real-world settings.

Response: Revised and uploaded the manuscript.

## 1.2. Reviewer 2

Reviewer:

“Parental burnout is a feeling of intense exhaustion...” This section could benefit from a more comprehensive explanation of the distinction between parental stress and burnout. Clarifying this early on will enhance reader understanding.

You introduce parental stress well, but the sentence “Parental stress is directly or indirectly associated with various adverse child outcomes” lacks specific examples. Adding concrete outcomes, such as emotional problems or academic difficulties, could make this claim more impactful.

The presentation of descriptive statistics is clear, but it would be helpful to add a brief summary or interpretation of the results immediately below the table. This would improve reader comprehension.

“The results showed that schema-based parenting training significantly affected parenting stress symptoms...” Could you specify which aspects of parenting stress were most affected? Providing this detail would help readers understand the impact of the intervention.

The limitations section briefly touches on participant selection issues but does not address potential measurement biases. Discussing how self-reported data may affect the reliability of your findings would add more depth.

The discussion does a good job referencing previous research but could be improved by exploring why certain results aligned or diverged from past studies. This would deepen the analysis.

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor’s decision after revisions: Accepted.

Editor in Chief’s decision: Accepted.