

## The Structural Model of Democratic Parenting Based on Parental Stress Index and Couples' Communication Patterns with the Mediating Role of Wisdom

Freshteh. Moeini<sup>1</sup>, Reza. Hosseinpour<sup>2\*</sup>, Alireza. Jafari<sup>3</sup>

<sup>1</sup> PhD Student, Department of Psychology, North Tehran Branch, Islamic Azad University, Tehran, Iran

<sup>2</sup> Assistant Professor, Department of Educational Sciences, Faculty of Social and Cultural Sciences, Imam Hossein University, Tehran, Iran



<sup>3</sup> Assistant Professor, Department of Psychology, Islamic Azad University, Kish International Branch, Kish, Iran

\* Corresponding author email address: hosseinpour\_reza@yahoo.com

### Editor

Ahmad Abedi  
Associate Professor, Department of  
Psychology of Children with Special  
Needs, University of Isfahan, Iran  
a.abedi@edu.ui.ac.ir

### Reviewers

**Reviewer 1:** Fahime Bahonar  
Department of counseling, Universty of Isfahan, Isfahan, Iran.  
Email: Fahime.bahonar@edu.ui.ac.ir  
**Reviewer 2:** Mahdi Khanjani  
Associate Professor, Department of Psychology, Allameh Tabataba'i University,  
Tehran, Iran.  
Email: khanjani\_m@atu.ac.ir

## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

Quote: "Despite the increasing influence of new socialization factors, such as social networks, peer groups, and the ongoing trend of modernization..."

Comment: This sentence is overly broad and lacks specificity. Consider elaborating on how these new socialization factors directly impact parenting styles or family dynamics to provide a clearer context for the study.

Quote: "Negative experiences in the family lead to problematic behaviors in children."

Comment: Replace "negative experiences" with a more precise term (e.g., "adverse family dynamics" or "dysfunctional family interactions") to ensure academic rigor.

Quote: "The results indicated that the Parental Stress Index had a negative relationship with democratic parenting..."

Comment: Avoid implying causality unless supported by longitudinal or experimental designs. Rephrase to "is associated with" unless causal inference is established.

Quote: "Wisdom can serve as an expertise in reducing suffering and enhancing well-being..."

Comment: Discuss the potential mechanisms through which wisdom impacts parental stress and democratic parenting, and connect this to established psychological theories.

Quote: "Limited research has been conducted on the relationship between wisdom and parenting styles."

Comment: Strengthen this argument by providing a summary of gaps in the literature and explaining how this study fills those gaps.

Quote: "Wisdom partially mediated the relationships between constructive interactions, demand/withdrawal, and criticism/defense with democratic parenting."

Response: Revised and uploaded the manuscript.

## 1.2. Reviewer 2

Reviewer:

Quote: "Democratic parenting fosters an environment of encouragement, equality, and mutual respect..."

Comment: The definition of democratic parenting could benefit from more detail regarding its theoretical framework. How does it differ from other parenting styles in terms of measurable outcomes?

Quote: "Among the different styles—neglectful (permissive), authoritarian, and democratic (authoritative)—democratic parents exhibit more warmth..."

Comment: Clarify why "neglectful" is grouped with "permissive." These are often treated as distinct styles in parenting literature. Consider refining these distinctions.

Quote: "Wisdom enables parents to overlook certain childish behaviors and focus on appropriate conduct..."

Comment: The relationship between wisdom and parenting could be better grounded in empirical evidence. Provide citations that establish wisdom as a key construct in parenting studies.

Quote: "The sampling method was random cluster sampling."

Comment: Elaborate on why cluster sampling was chosen over other methods and how it minimizes bias in a population as large and diverse as Tehran.

Comment: Clarify whether wisdom as a mediator was hypothesized a priori or emerged post hoc. Discuss the theoretical justification for its mediating role.

Quote: "For avoidance, the results indicated no significant relationship with democratic parenting and wisdom."

Comment: Explore why avoidance might not have a significant relationship and whether cultural factors could play a role in this result.

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.