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## Modeling the Structural Relationships of Adolescent Self-Control within the Family Environment: The Mediating Role of Rumination and the Influence of Parenting Styles, Family Emotional Support, and Cognitive Flexibility

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The introduction is well-structured, providing a solid foundation for the study. However, certain areas require elaboration, particularly the theoretical framework linking the variables. Explicitly outline how the constructs are hypothesized to interact structurally within the proposed model.

Improve the flow between discussions on parenting styles and family emotional support. For example, the sentence, "Parenting style is a foundational determinant..." feels abrupt. Consider using a transition that links parenting styles to emotional dynamics within the family.

Provide more details on the scales or measures used to assess each variable. For example, specify the reliability (Cronbach's alpha) and validity of tools used for self-control, cognitive flexibility, and rumination.

Explicitly mention if and how the study controlled for confounding variables such as socio-economic status or education level of parents.

Clarify whether interaction effects between parenting styles and family emotional support were tested in the SEM model. If not, suggest explicitly discussing this limitation.

Certain citations (e.g., “Peng et al., 2021”) are referenced in the introduction but not fully integrated into the discussion. Consider revisiting these studies to strengthen the interpretation of findings.

Response: Revised and uploaded the manuscript.

### 1.2. Reviewer 2

Reviewer:

In the first paragraph, when introducing "self-control" and its relevance, elaborate on whether this refers specifically to emotional, behavioral, or cognitive self-control. Providing a clear operational definition would enhance clarity.

The sentence, “Despite extensive research, questions remain about how these variables interact structurally...” could benefit from examples of these unresolved questions to establish the research gap more convincingly.

When discussing culturally specific insights (paragraph six), include an example or preliminary explanation of how cultural factors might uniquely influence the interactions between variables.

Expand the discussion on how these findings could inform policies or interventions beyond family-based programs, such as school-based initiatives or community workshops.

When suggesting interventions, elaborate on the specific practices parents can adopt to reduce rumination in adolescents. This could enhance the practical utility of the findings.

Response: Revised and uploaded the manuscript.

## 2. Revised

Editor’s decision after revisions: Accepted.

Editor in Chief’s decision: Accepted.