



The Relationship Between Rumination and Coping Strategies with Marital Self-Disclosure

Ashraf. Footoohi¹, Marzieh. Poursalehy Navideh^{2*}

¹ M.A., Clinical Psychology, Central Tehran Branch, Islamic Azad University, Tehran, Iran



² Assistant Professor, Department of Psychology, Tehran East Branch, Islamic Azad University, Tehran, Iran

* Corresponding author email address: m_poursalehy@yahoo.com

Editor

Eman Tadros
Family Department, Governors
State University, University Park,
Illinois, USA
emantadros@gmail.com

Reviewers

Reviewer 1: Hooman Namvar
Assistant Professor, Department of Psychology, Saveh Branch, Islamic Azad
University, Saveh, Iran. Email: hnamvar@iau-saveh.ac.ir
Reviewer 2: Elham Azarakhsh
Department of Psychology, Islamic Azad University, Qom Branch, Qom, Iran.
Email: elhamazarakhsh@qom.iau.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

The phrase "The family, as a social, emotional, and character-shaping unit" could be expanded with contemporary references to strengthen the foundational claim regarding the societal role of family structures.

The explanation of the Ruminative Response Scale could be enhanced by discussing why the specific subscales (reflection, brooding, and depression) are pertinent to marital self-disclosure research.

The scoring description of the Marital Self-Disclosure Questionnaire would benefit from clarifying why items are categorized as "correct" or "incorrect," which is unusual for psychological scales.

The sentence "Internal consistency was assessed using Cronbach's alpha, with a reported coefficient of .80 in Iran" should include more information about the sample or study conditions that might influence these reliability scores.

The section would be more robust if it discussed potential limitations of using Pearson's correlation coefficient and multiple regression analysis for inferential testing in this context.

The sentence "The table also shows the results of skewness and kurtosis tests for normal distribution" should clarify the implications of these tests on the appropriateness of parametric tests used later in the analysis.

The explanation of why rumination relates to marital self-disclosure could be strengthened by integrating more specific cognitive-behavioral theories or models that explain this phenomenon.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The statement "Higher marital self-disclosure is associated with better relationship adjustment and fewer concerns about relationships with others" should include more recent studies from the past five years to improve the relevance and credibility of the supporting literature.

When discussing the significance of self-disclosure, consider elaborating on the underlying psychological mechanisms that facilitate intimacy, supported by additional empirical evidence.

The description of the sampling method, "The study utilized a pencil-and-paper questionnaire method," lacks a justification for using this method. Please provide a rationale, potentially comparing its advantages and disadvantages with digital methods.

The significant negative correlations reported would be clearer if you elaborated on the practical implications of these findings for marital counseling or psychological interventions.

In discussing the R-squared value of 0.716, consider emphasizing the practical significance of explaining over 70% of the variance in marital self-disclosure and what this indicates about the model's predictive power.

The phrase "Avoidance-oriented coping did not have a significant contribution" needs an explanation of why this variable may not have been significant and a discussion on potential confounding factors.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.