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Comparison of the Effectiveness of Trauma-Focused Cognitive Behavioral Therapy and Acceptance and Commitment Therapy on Self-Efficacy of Adolescents with a History of Domestic Violence

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1. Round 1

1.1. Reviewer 1

Reviewer:

The phrase "one in three women will experience physical or sexual violence by a partner" (Seft et al., 2020) is a significant claim. Ensure that the reference is up-to-date and specific to the population being studied (adolescents).

The description of the Morris Self-Efficacy Questionnaire lacks details about its cultural adaptation. If this tool was originally developed in another language, was it validated for use with Iranian adolescents? Describe any necessary translation or validation procedures.

The statement "ACT does not require individuals to change their thoughts and feelings." is somewhat misleading. ACT encourages cognitive defusion and acceptance of thoughts but does not suggest passivity. Rephrase to reflect ACT's emphasis on psychological flexibility.

The results description states that "TF-CBT was more effective than ACT." However, the effect sizes for each intervention should be reported explicitly in-text to quantify these differences.

Response: Revised and uploaded the manuscript.

1.2. *Reviewer 2*

Reviewer:

The statement "Generally, in the presence of various problems, such as violence in the family environment, the self-efficacy of children decreases" needs more direct empirical support. Consider adding studies that directly link domestic violence exposure to self-efficacy decline.

The justification for comparing TF-CBT and ACT is not clearly established. Why were these two therapies specifically chosen over other interventions like DBT or EMDR? Provide a rationale based on the literature.

The table presents p-values but lacks confidence intervals. Including confidence intervals for mean differences would improve transparency and indicate the precision of the estimates.

The claim "the difference between the post-test and follow-up is not significant" is stated without context. Was this expected due to treatment sustainability, or does it indicate potential treatment fade-out? Discuss the clinical significance.

The sentence "Based on the mean and effect size indices, TF-CBT treatment led to greater changes in self-efficacy." should specify the effect size values for social, emotional, and learning self-efficacy. Were these differences clinically meaningful?

Response: Revised and uploaded the manuscript.

2. **Revised**

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.