

Effectiveness of Dialectical Behavior Therapy–Informed Family Therapy on Family Functioning and Emotion Regulation in Adolescents with Emotional Dysregulation

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E d i t o r

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R e v i e w e r s

Reviewer 1: Aleiia J.G. Pinto 
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1. Round 1

1.1. Reviewer 1

Reviewer:

The explanation of anxiety sensitivity is clear, but this paragraph lumps together anxiety sensitivity, intolerance of uncertainty, and anger dysregulation without clarifying why these three variables were chosen as your outcome targets. Provide explicit justification linking these constructs to couple therapy literature.

This section describes MBT well but does not explain why MBT should be adapted to infertile couples specifically. Provide more rationale for selecting MBT instead of other cognitive-interpersonal models.

The argument for integration is compelling but requires citations or examples of previous integrative attempts in similar populations. This strengthens the justification for your newly developed MBRE package.

The aim is clearly stated; however, consider adding your specific hypotheses, such as whether you expected differential effectiveness between MBRE and EFCT across outcomes.

The description of qualitative procedures is detailed, but the manuscript lacks information on how data saturation was judged. Indicate the criteria used to determine that thematic coding had reached saturation.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

While the paragraph provides evidence, it needs a deeper discussion of how anger manifests relationally in infertile couples. Adding literature on dyadic anger patterns and communication breakdowns would strengthen the argument.

This paragraph describes EFT and MBT separately, but it would benefit from a clearer synthesis of why comparing these two models is theoretically meaningful. Clarify whether you expect different mechanisms of change (e.g., experiential vs. reflective).

Provide additional clarity on whether sampling was consecutive, convenience, or purposive with quota. Also specify whether infertility diagnosis followed a standardized clinical definition.

The psychometric properties are comprehensive, but the paragraph is extremely long and overly descriptive. Condense the psychometric details and highlight only the aspects relevant to your sample, otherwise the section becomes overly didactic.

You list all item categories, but you do not explain why intolerance of uncertainty is particularly relevant to infertility. Adding one or two sentences linking it to infertility-related ambiguity would improve conceptual alignment.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.