



The measurement of the validity of the pattern of the realization and growth of love and its role in the emotional nurturing of young people

Nadereh. Bahri ¹

Mohammadreza. Sarmadi ^{*2}

Mohsen. Imani Naeini ³

1. PhD student, Department of Educational Sciences, Science and Research Unit, Islamic Azad University, Tehran, Iran.

2. Professor, Department of Educational Sciences, Payam Noor, Tehran, Iran

3. Associate Professor, Department of Educational Sciences, Tarbiat Modares University, Tehran, Iran

Email: sarmadi@pnu.ac.ir | Received: 18.01.2022 | Acceptance: 06.06.2022

Journal of Applied Family Therapy

eISSN: 2717-2430
http://Aftj.ir

Vol. 3, No. 1, Pp: 80-82
Spring 2022

Original research article

How to Cite This Article:
Bahri, N., Sarmadi, M R. & Imani Naeini, M. (2022). The measurement of the validity of the pattern of the realization and growth of love and its role in the emotional nurturing of young people. *aftj*, 3(1): 80-82



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Abstract

Aim: This research aimed to validate a pattern for the realization and growth of love and its role in emotional nurturing from the perspective of existentialism philosophers and its review based on the opinions of Muslim philosophers for the document of transformation in the education system.

Methods: This research method is a kind of mixed-method. In the first stage, using data mining, it has extracted the factors and components related to the research topic in the works of existentialism philosophers, and in the second stage, it has interviewed ten experts in the field of education by employing the Delphi method. Finally, the opinions of experts were collected from the perspective of existentialism philosophy and Muslim philosophers regarding the indicators extracted in the design and validation of the pattern of realization and growth of love and its role in emotional nurturing. **Results:** According to the extracted model, the following factors were evaluated by experts in the form of a questionnaire and in several stages. The factors included Christian (divine) love, task-orientation, negation of natural love, negation of selfishness, love for others, divine love, existential unity, awareness, ignoring the distracting exteriors, coming out of oneself, love for God aspects in others.

Conclusion: Regarding that the difference between the averages is more than 0.2, the results of fuzzy data analysis indicated that the stages of the distribution of the questionnaire and the average of the opinions of experts were calculated once again. And since the difference between the averages of the third and fourth questionnaires was below 0.2, it can be concluded that there is a good consensus among the experts, and the results of the four stages of the fuzzy Delphi process confirmed the accuracy and validity of the results.

Keywords: *Love, Emotional Nurturing, Document of Transformation, Existentialism Philosophy, Muslim Philosophers*

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