




The Effect of Two Therapeutic Interventions on Self-Control: Weight Stabilization Cognitive Bias Modification Package and Internet-Based Cognitive Behavioral Therapy

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E d i t o r	R e v i e w e r s
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1. Round 1

1.1 Reviewer 1

Reviewer:

The term "self-control" is introduced without a clear definition. Define self-control in the context of obesity and explain why it is crucial for weight management.

The sentence "evidence suggests that many patients regain lost weight after surgery" should include a specific citation to bolster this statement.

Describe how the random assignment to groups was performed to ensure it was truly random and unbiased.

In the description of the cognitive bias modification sessions, clarify the structure and content of the 42 sessions. Are there any specific activities or exercises detailed?

The Self-Control Questionnaire is briefly mentioned. Provide more details about its validity and reliability, especially in the context of an Iranian population.

The table includes means and standard deviations but lacks a clear explanation of how these numbers were derived. Consider providing more detail on the calculation process.

While the repeated measures ANOVA data is detailed, a brief explanation of what these statistics mean in layman's terms could be helpful for readers less familiar with statistical analysis.

Author revised the manuscript and uploaded the updated document.

1.2 Reviewer 2

Reviewer:

The sentence "Obesity is considered one of the major public health crises of the current century" would benefit from additional context or citations to support this claim.

In the sentence "statistics indicate a 22.7% obesity rate among the general population," specify the source and year of the statistics to provide more precise context.

Provide more details on the inclusion criteria, particularly what specific medical conditions or psychological states would exclude someone from the study.

The Bonferroni post hoc test results are presented, but there is no discussion on why this specific test was chosen. Explain why Bonferroni correction was necessary.

The statement "The findings of this study regarding the efficacy of internet-based cognitive behavioral therapy in enhancing self-control are consistent with previous evidence" would benefit from more detailed comparisons to specific studies.

The cognitive behavioral model is mentioned briefly. Provide a more comprehensive explanation of this model and its relevance to the study.

Author revised the manuscript and uploaded the updated document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.