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The Relationship between Maladaptive Thoughts and Stress with the Mediation of Body Image in People with Bulimia Nervosa

Melody. Vafaey Moghaddam¹, Kobra. Haji Alizadeh^{2*}, Eghbal. Zarei³, Azita. Amirfakhraei⁴

¹ PhD student in general psychology, Bandar Abbas Branch, Islamic Azad University, Bandar Abbas, Iran
² Associate Professor, Department of Psychology, Bandar Abbas Branch, Islamic Azad University, Bandar Abbas, Iran
³ Associate Professor, Department of Psychology, University of Hormozgan, Bandar Abbas, Iran
⁴ Assistant Professor, Department of Psychology, Bandar Abbas Branch, Islamic Azad University, Bandar Abbas, Iran

* Corresponding author email address: Ph-alizadeh@yahoo.com

Editor	R e v i e w e r s
Seyed Hadi Seyed Alitabar 💿	Reviewer 1: Mojtaba Amirimajd [®]
Department of Psychology and	Associate Professor, Department of Psychology, Abhar Branch, Islamic Azad
Counseling, KMAN Research	University, Abhar, Iran Email: amirimajd@abhariau.ac.ir
Institute, Richmond Hill, Ontario,	Reviewer 2: Salahadin Lotfi®
Canada	PhD in Cognitive Psychology & Neuroscience, UWM & Rogers Behavioral Health
hadialitabar@kmanresce.ca	Verified, Lecturer at University of Wisconsin. Email: slotfi@uwm.edur

1. Round 1

1.1. Reviewer 1

Reviewer: The article should be accepted with major revisions. These revisions should concentrate on deepening the statistical analysis, enriching the discussion with practical and theoretical implications, and thoroughly addressing the ethical considerations pertinent to the study's sensitive nature.

The use of path analysis is appropriate, but the study could benefit from additional statistical methods. For instance, multivariate regression analysis or structural equation modeling might provide further insights into the complex interrelations between the variables.

Sensitivity analysis to test the robustness of the findings under different assumptions or conditions could also be valuable. This would enhance the reliability of the results.

A more in-depth discussion on how the findings can inform clinical practice is needed. This could include specific therapeutic interventions or strategies for managing maladaptive thoughts and stress in bulimia nervosa patients.

Discussing the findings in the context of existing psychological theories and models would not only contextualize the research but also highlight its contribution to the field.



Given the sensitive nature of the subject, a more thorough exploration of the ethical considerations involved in conducting this research is essential. This includes participant confidentiality, informed consent, and the management of any distress caused by participation in the study.

The article should address potential biases and ethical considerations in interpreting and presenting the results, especially given the vulnerability of the population studied.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer: Given the current strengths and areas for improvement, the paper should be accepted with moderate revisions. The revisions should focus on expanding the literature review, incorporating qualitative methods, enhancing sample diversity, and employing more comprehensive statistical analyses.

Include more recent literature to ensure the study's relevance in the current research context.

Broaden the participant pool in future studies to include a diverse range of genders, ethnicities, and backgrounds.

Employ additional statistical techniques to validate and expand upon the findings.

Elaborate on how the findings can inform clinical practice, including potential therapeutic approaches.

Enhance the section on ethical considerations, reflecting the complexities involved in research with vulnerable populations.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

