

The Effectiveness of Schema Therapy on Schemas and Self-Differentiation in Individuals Committing Infidelity in Marriage

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1. Round 1

1.1. Reviewer 1

Reviewer:

The research question is clear but lacks depth in exploring the relationship between schema therapy and its components with infidelity. Future research directions could include exploring the mediating roles of specific schemas or the impact of individual therapy sessions in detail.

The paper successfully links schema therapy to improvements in maladaptive schemas and self-differentiation. However, the discussion section could benefit from a deeper analysis of how these changes contribute to addressing infidelity issues. Including theoretical frameworks or models could enhance understanding.

The literature review thoroughly establishes the relevance of schema therapy to infidelity but could be expanded to include comparisons with other therapeutic interventions. This would contextualize schema therapy's effectiveness within the broader therapeutic landscape.

The use of multivariate analysis of covariance is appropriate for the study design. Future studies might consider incorporating qualitative data or interviews to capture participants' personal experiences and perceptions of change, providing a more holistic view of schema therapy's impact.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

While the methodology is well-detailed, specifying the criteria for "infidelity clients" could improve the replicability of the study. Clarifying the severity of infidelity cases (emotional, physical, or both) would add depth to the understanding of schema therapy's applicability.

The paper could benefit from integrating existing psychological theories on infidelity to further solidify the rationale behind using schema therapy. This theoretical backdrop could enrich the discussion of why schema therapy, in particular, is suited to addressing infidelity issues.

The discussion section provides a positive outlook on schema therapy; however, a more critical evaluation discussing potential limitations of schema therapy in treating infidelity, such as cases where it might not be as effective, would provide a balanced view.

The follow-up period provides initial evidence of schema therapy's lasting effects. Suggesting longer-term follow-up studies or incorporating additional follow-up points could help ascertain the durability of therapeutic outcomes and the potential for relapse into infidelity behaviors.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.