

Effectiveness of an Educational Package Based on the Theory of Five-Factor Positive Thinking Skills on Psychological Capital Components in Adults

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1. Round 1

1.1. Reviewer 1

Reviewer:

The research question is relevant but could be framed more precisely to specify the aspects of psychological capital being studied. Specifically, it could benefit from a clearer definition of "psychological capital" in the context of the five-factor positive thinking skills, providing a more solid theoretical foundation for the study.

The literature review provides a good foundation but lacks a critical analysis of existing studies. Including a more detailed discussion on gaps in current research and how this study contributes to filling those gaps would strengthen the manuscript. Specifically, compare the intervention's impact on psychological capital to other psychological interventions.

While the manuscript mentions future research briefly, it could provide more specific recommendations for future studies, such as exploring different delivery modes of the educational package (e.g., online vs. in-person) or examining the impact on additional psychological outcomes.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The manuscript would benefit from more detailed descriptions of the methods, particularly in terms of the educational package content and delivery. Detailed session contents or a curriculum overview could enhance the replicability of the study.

The purposive sampling method is appropriate; however, the manuscript could provide more rationale for the sample size chosen. Discussing the power analysis or how the sample size was determined to be sufficient for detecting significant effects would add to the methodological rigor.

The use of repeated measures ANOVA is appropriate, but the manuscript could benefit from a deeper discussion on the assumptions of this test and how they were met or addressed in the analysis.

The interpretation of significant findings is generally clear but could be improved by discussing potential confounding factors and the limitations of causal inference due to the study design.

The manuscript should address the generalizability of findings more explicitly, considering the specific demographic and geographical context of the sample. Discussing how the findings might apply to different populations or settings would be beneficial.

The manuscript mentions the Psychological Capital Questionnaire (PCQ) but could provide more information on its validation in the sample population or cultural context, ensuring the tool's appropriateness and reliability.

Expanding on how the study contributes to the theory of positive psychology and the specific theoretical implications of finding a significant effect of five-factor positive thinking skills on psychological capital would enrich the discussion.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.