




Effectiveness of Acceptance and Commitment Therapy on Psychological Flexibility, Emotional Self-Regulation, and Stress Coping Styles in Mothers of Children with Specific Learning Disorders

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1. Round 1

1.1. Reviewer 1

Reviewer:

The methodology section is well-structured, detailing the study design, participants, measures, and interventions. Nonetheless, there are several areas where clarification and expansion could significantly enhance the robustness of the study:

The purposive sampling technique is appropriate for the study's aims, but more information on the rationale behind the sample size and its adequacy for statistical analysis would be beneficial.

While the study outlines the ACT intervention sessions, a more detailed explanation of the specific activities and how they align with ACT principles could help in replicating the study and understanding its mechanisms.

The paper lacks information on any activities or lack thereof for the control group. Clarifying this could help assess the intervention's effect more accurately.

The results section provides clear evidence of the intervention's effectiveness on the study's measured outcomes. However, the presentation of statistical data could be improved for better readability and interpretation. Consider using more visual aids

like graphs or tables to summarize the findings effectively. Additionally, providing a more detailed analysis of the significance and practical implications of the findings would offer greater insight into their importance.

The paper notes adherence to ethical guidelines and data transparency, which is crucial. However, elaborating on the specific ethical considerations taken, especially regarding participant consent and data anonymization, would reinforce the study's integrity.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

Briefly elaborating on the psychometric properties of the instruments used for baseline and follow-up assessments could improve the section.

Providing additional demographic details about the participants could enhance the reader's understanding of the study's context and its applicability to broader populations.

Ensure consistency in terminology and adherence to the journal's style guide throughout the paper.

Check all citations for completeness and accuracy according to the latest APA guidelines.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.