


Effectiveness of Schema Therapy on Marital Relationship Quality and Emotion Regulation in Couples Affected by Infidelity

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1. Round 1

1.1. Reviewer 1

Reviewer:

The presentation of the study's findings in the "Findings and Results" section is clear and well-structured. However, it would benefit from a more detailed discussion on the implications of these findings for practice, especially in clinical settings dealing with infidelity.

The literature review provides a comprehensive background on the impact of infidelity on marital quality and emotion regulation. Nevertheless, it could be enhanced by including more recent studies to establish the novelty of the current research within the broader context of schema therapy applications.

The methodological approach is sound, but the manuscript could better articulate the reasoning behind the choice of convenience sampling and its potential limitations regarding generalizability.

The statistical analysis section is well-executed. To improve, consider including a brief explanation of why MANCOVA was chosen as the most appropriate statistical test for this study, aiding readers less familiar with statistical methodologies.

While the conclusion highlights the effectiveness of schema therapy, it would be beneficial to provide more specific recommendations for practitioners. Suggestions on how to integrate schema therapy into existing counseling practices for couples dealing with infidelity could be particularly valuable.

The manuscript mentions limitations and future research directions. Expanding on how future studies could address these limitations, such as by using a larger and more diverse sample or employing a longitudinal design, would be helpful.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

The research objectives are clearly defined, offering a focused examination of schema therapy's benefits. To strengthen this section, consider elaborating on the theoretical underpinnings of schema therapy that specifically pertain to infidelity issues.

The design and methodology are appropriately chosen for the study's aims. Further elaboration on the ethical considerations and measures taken to ensure participant confidentiality during and after the study would enhance the manuscript.

Data is presented in a clear, accessible manner. Incorporating visual aids, such as graphs or charts, to depict the main findings could make the results more digestible for readers.

The discussion provides a good synthesis of the findings in the context of existing literature. Enhancing this section with a deeper analysis of how schema therapy could be specifically tailored to address the nuances of emotional regulation in the context of infidelity would be beneficial.

The manuscript makes general recommendations for the application of schema therapy. It would be more informative to include case examples or hypothetical scenarios that illustrate how the therapy could be implemented in practice.

The discussion on limitations is adequate. Expanding on how these limitations might influence the interpretation of results and suggesting concrete steps for future research to overcome these challenges would strengthen the manuscript.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.