


The Relationship between Ego Strength, Emotion Regulation Difficulties, and Mindfulness in Individuals with Depression

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1. Round 1

1.1. Reviewer 1

Reviewer:

The abstract should clearly define the key terms "ego strength," "emotion regulation difficulties," and "mindfulness." This will help readers understand the scope and focus of the study.

Each measurement tool should be described in more detail, including its validity and reliability in previous studies. This helps in understanding the robustness of the tools used.

Clarify the rationale for choosing Pearson correlation and multivariate regression analysis. Discuss any assumptions made and how they were tested.

The interpretation of the correlation coefficients should be expanded. Explain what a Pearson correlation coefficient of 0.215 between emotion regulation and ego strength means in practical terms.

Elaborate on the theoretical implications of the findings. How do these results contribute to the existing body of knowledge on depression, emotion regulation, and mindfulness?

Response: Thanks for comment. Checked and revised.

1.2. Reviewer 2

Reviewer:

The objective of the study mentions predicting ego strength based on emotion regulation difficulties and mindfulness in divorced women. It would be beneficial to explain why the focus is on divorced women specifically.

The use of convenience sampling needs a stronger justification. Explain why this method was chosen and discuss its potential limitations in terms of generalizability.

Provide a more detailed explanation of the inclusion and exclusion criteria. Specifically, clarify what is meant by "having a diagnosis of a severe psychiatric disorder" and how this was assessed.

Provide more detail on the regression analysis. Specifically, explain what the beta coefficients represent and how they were interpreted in the context of this study.

The discussion should include a more in-depth analysis of the significance of the findings. For example, discuss why mindfulness and emotion regulation difficulties predict only 12% of the variance in ego strength.

Compare and contrast your findings with previous studies in more detail. Highlight any discrepancies and provide possible explanations for these differences.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.