

The Relationship Between Perfectionism and Depression and Social Anxiety in Social Media Users: Emphasizing the Mediating Role of Rumination


Mohtaram. Nemat Tavousi¹, Nasim. Seyf Hashemi^{2*}

¹ Associate Professor, Department of Psychology, South Tehran Branch, Islamic Azad University, Tehran, Iran



² Master of Personality Psychology, Department of Psychology, South Tehran Branch, Islamic Azad University, Tehran, Iran

* Corresponding author email address: nasimseyfhashemi@gmail.com

Editor

Zabih Pirani
Department of Psychology, Faculty
of Humanities, Islamic Azad
University of Arak, Arak, Iran.
Email: z-pirani@iau-arak.ac.ir

Reviewers

Reviewer 1: Maryam Aslzaker
Assistant professor of clinical psychology, clinical Psychology Department, Shahid Beheshti University of medical sciences, Tehran, Iran. m.aslzaker@sbmu.ac.ir
Reviewer 2: Kamdin Parsakia
Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada. Email: kamdinparsakia@kmanresce.ca

1. Round 1

1.1. Reviewer 1

Reviewer:

While the paper references several important studies on perfectionism, depression, and social anxiety, it lacks a thorough exploration of previous findings that differentiate between the dimensions of perfectionism (self-oriented, other-oriented, socially prescribed). Incorporating a more detailed review of literature that specifically addresses these distinctions could enhance the theoretical foundation of the study.

The hypotheses are implied rather than explicitly stated in the introduction or methods section. Explicitly stating each hypothesis prior to detailing the research methodology would provide clarity and allow readers to better follow the logical progression of the research.

The sample is limited to social media users with at least a Bachelor's degree. The paper should discuss the potential biases this might introduce, considering the variability in social media usage across different educational levels. Additionally, expanding future research to include a more diverse educational background would increase the generalizability of the findings.

The conclusion succinctly summarizes the findings but could be strengthened by directly linking back to the broader implications for clinical practice and future research. Additionally, suggesting specific directions for future studies based on the gaps identified during the research could be beneficial.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

The paper could benefit from a more detailed description of the sampling technique. While voluntary sampling is mentioned, elaborating on how participants were recruited, and any incentives offered would provide transparency and aid in replicating the study.

The use of Pearson's correlation and path analysis is appropriate; however, considering the complexity of the models, incorporating a moderation or mediation analysis using structural equation modeling might provide deeper insights into the relationships between variables.

The reliance on self-report measures for diagnosing depression, social anxiety, and perfectionism can introduce biases such as social desirability or self-awareness. The discussion should be expanded to address these limitations and suggest alternative assessment methods for future research.

While the study adds to the theoretical understanding of the link between perfectionism, rumination, depression, and social anxiety, it stops short of discussing practical interventions. Suggesting specific therapeutic approaches or preventive measures that could be applied based on the findings would enhance the paper's practical value.

The paper would benefit from a deeper integration of the theories mentioned, such as the response style theory and goal progression theory. Discussing how these theories interact and contribute to the understanding of the study's findings could provide a richer theoretical narrative.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.