



Effectiveness of Schema Therapy on Emotional Expression and Emotional Maturity of Conflicting Couples

Amir. Ahangari^{1*}, Pantea. Jahangir², Farideh. Dokaneifard³


¹ Ph.D. student in Counseling, Roudehen Branch, Islamic Azad University, Roudehen, Iran

² Assistant Professor, Department of Counseling, Roudehen Branch, Islamic Azad University, Roudehen, Iran



³ Associate Professor, Department of Counseling, Roudehen Branch, Islamic Azad University, Roudehen, Iran

* Corresponding author email address: jahangirpantea@gmail.com

Editor

Mehdi Rostami
Department of Psychology and
Counseling, KMAN Research
Institute, Richmond Hill, Ontario,
Canada.
Email: dr.mrostami@kmanresce.ca

Reviewers

Reviewer 1: Seyed Hadi Seyed Alitabar
Department of Psychology and Counseling, KMAN Research Institute, Richmond
Hill, Ontario, Canada. Email: hadialitabar@kmanresce.ca
Reviewer 2: Hassan Heidari
Associate Professor, Consulting Department, Khomein Branch, Islamic Azad
University, Khomein, Iran. Email: heidarihassan@khomeiniua.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

The first paragraph of the introduction (lines 1-5) should be revised for clarity. It currently reads, "The family is one of the primary institutions in society; the health of a society depends on the health of its families." Consider breaking this into two sentences for better readability.

In the introduction, the section discussing the influence of emotional expression on marital satisfaction (lines 20-30) lacks depth. Include more studies to support this claim, possibly expanding on different cultural contexts.

The section on the tools used for assessment (lines 90-110) mentions Cronbach's alpha values but lacks information on the validity of these tools. Provide more information on how the validity was assessed, including references to relevant studies.

The description of the schema therapy sessions (lines 115-140) is comprehensive, but the rationale behind the specific choice of eight sessions should be explained. Why not more or fewer sessions?

The discussion section (lines 200-210) should provide a deeper interpretation of the results. For instance, why might schema therapy be particularly effective for emotional expression and maturity in this sample?

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

The methods section (lines 50-60) mentions "emotional expression" and "emotional maturity." Provide clear operational definitions for these terms to ensure that readers understand how these constructs were measured.

The convenience sampling method used (line 65) needs further justification. Discuss why this method was chosen over other sampling techniques and address any potential biases this might introduce.

The description of the control group (lines 75-80) is brief. Include more details on what the control group did during the intervention period to control for placebo effects.

The results section (lines 175-185) discusses the use of repeated measures ANOVA. Ensure that assumptions for this test were met and clearly state how these assumptions were tested.

In the results section (line 190), include effect sizes along with p-values to give readers a sense of the practical significance of the findings.

The discussion briefly mentions that the findings are consistent with prior studies (lines 215-220). Expand on this by discussing specific studies and how the current findings align or differ from them.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.