

# Predicting Marital Adjustment by Psychological Flexibility and Frustration Discomfort

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

"The introduction references 'Mohammadi et al. (2021)' to discuss the increasing focus on marital adjustment determinants. However, this citation is missing from the reference list. Please add the full reference to ensure all sources are appropriately credited."

"The description of the Frustration Discomfort Scale (FDS) mentions four subscales but does not provide examples of items for each subscale. Including sample items would help readers better understand what each subscale measures."

"In the 'Data Analysis' subsection, the steps for checking linear regression assumptions are briefly mentioned. It would be useful to include the results of these checks (e.g., plots or test statistics) in an appendix to provide transparency and allow readers to verify the assumptions."

"Table 1 presents descriptive statistics for the key variables. It would be beneficial to add a correlation matrix to this section to provide a clearer picture of the relationships between psychological flexibility, frustration discomfort, and marital adjustment."

Authors revised and uploaded the document.

## 1.2. Reviewer 2

Reviewer:

"In the 'Study Design and Participants' subsection, it is mentioned that the study uses a cross-sectional design. It would be beneficial to elaborate on why a cross-sectional design was chosen over other designs, such as longitudinal or experimental, to strengthen the rationale behind the study's methodology."

"The justification for the sample size of 350 participants is not provided. Including a power analysis or a reference to standard sample size calculation methods would enhance the rigor and credibility of the study's design."

"The 'Marital Adjustment' subsection describes the Dyadic Adjustment Scale (DAS) but does not provide the specific reliability coefficients (Cronbach's alpha) for the current study sample. Please include these values to validate the scale's reliability within your sample."

"The interpretation of the regression coefficients in Table 3 indicates that higher frustration discomfort is associated with better marital adjustment. This seems counterintuitive and contradicts the study's hypothesis. Please revisit this analysis and clarify if there might be an error or provide a more thorough explanation for this finding."

"In the discussion, the relationship between psychological flexibility and marital adjustment is well elaborated. However, the implications for practice are not as detailed. Please expand on how these findings can be specifically applied in marital counseling and interventions."

"The limitations section acknowledges the cross-sectional design and sample restrictions. It would be beneficial to discuss the potential impact of self-report bias on the study's findings and suggest strategies for mitigating this in future research."

Authors revised and uploaded the document.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.