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Effectiveness of the Successful Parenting Training Program on Parental Stress, Children's Anxiety, and Family Functioning

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1. Round 1

1.1. Reviewer 1

Reviewer:

The abstract lacks specific statistical results. It would be beneficial to include key statistical outcomes (e.g., "The intervention group showed a significant reduction in parental stress scores (p < 0.01)").

The description of the intervention sessions should include more specific examples of activities and techniques used during the sessions. This will help readers replicate the study.

The mean and standard deviation values are provided, but the sample size (n) for each group and test stage should be included for clarity.

The explanation of the statistical tests used (MANCOVA, ANCOVA) should be more detailed, including assumptions checks and how violations (if any) were addressed.

The statement "The results of Levene's test indicate that the statistical value for family functioning..." would be clearer if specific p-values were provided.

The practical implications of the findings could be expanded. How should practitioners apply these findings in real-world settings?

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Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The statement "Extensive evidence on the vital role of family interactions and parenting in adolescents' vulnerability..." would be strengthened by citing additional seminal studies that support this claim.

The discussion on parenting styles could be expanded to include more recent research on parenting styles from diverse cultural contexts, which may provide a more comprehensive view.

The sampling method should be clarified. Was random sampling used to select the 32 individuals? If not, detail the method of selection and any potential biases it introduces.

The reliability and validity of the measures used (Spence Children's Anxiety Scale, Abidin Parental Stress Index, and Family Assessment Device) need to be discussed in more detail. Include reliability coefficients (e.g., Cronbach's alpha) specific to your sample.

The interpretation of the results should consider alternative explanations for the findings. For instance, could the presence of successful parents in the intervention sessions have influenced the results through modeling effects?

The comparison to previous studies should be more extensive. How do your results align with or differ from those of other researchers in similar contexts?

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

