




Determining the Relationship Between Interpersonal Mindfulness, Social Media Use, and Marital Satisfaction

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1. Round 1

1.1. Reviewer 1

Reviewer:

The sentence "The family's role as the smallest social unit can significantly impact both positively by creating a haven of peace and negatively by causing social harm (Mandal & Lip 2022; Roberts & David 2016)" lacks a clear linkage to the subsequent discussion on marital satisfaction. Consider elaborating on how these impacts directly relate to marital satisfaction to strengthen the logical flow.

The sentence "To estimate the sample size the formula proposed by Tabachnick and Fidell (2007) was utilized" should include a brief explanation of why this particular formula is appropriate for the study's design and objectives.

The section detailing the Mindfulness scale mentions "higher scores representing greater mindfulness." It would be beneficial to include a brief description or example of what constitutes high mindfulness in this context to give readers a better understanding.

The table "Descriptive Statistics for Research Variables" should include an explanation of why these particular statistics (maximum score, minimum score, mean, and standard deviation) were chosen to summarize the data, as well as how they inform the study's conclusions.

The interpretation of the path coefficients in the sentence "The results of the covariance analysis test indicated that interpersonal mindfulness has a positive relationship with marital satisfaction whereas social media use has a negative relationship with marital satisfaction" would benefit from a discussion on the practical significance of these findings.

The statement "Mindfulness may help one spouse consider the other's viewpoint" should include examples or references to specific mindfulness practices or interventions that have been shown to enhance perspective-taking in couples.

The limitation regarding the study's generalizability "should be cautiously generalized to women and other cities" could be strengthened by discussing specific demographic or cultural factors that might influence the results.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

The statement "Marital satisfaction is among the factors that play a critical role in the stability of marriage and family structure" could benefit from additional contemporary references beyond Bradbury et al. (2000) to underscore its ongoing relevance.

The claim that "Many social scientists believe that the convergence of information and communication technologies and the restructuring of capitalist systems in recent decades have ushered us into a new era" would be more compelling if it included specific examples of studies or data supporting this assertion, particularly in the context of marital satisfaction.

The claim "Mindfulness can accelerate a person's ability to choose more useful and effective responses to interpersonal interactions" should be supported by specific studies or theoretical frameworks that explain this mechanism in detail.

The sentence "Increased mindfulness enhances individuals' ability to perceive physical cues significantly improving the quality of sexual relationships and increasing satisfaction" would be more robust if supported by specific studies or data linking mindfulness to sexual relationship quality.

The assertion "When couples become dependent on the internet and social media their motivation to interact with others especially their spouse decreases" needs additional context or examples to illustrate how and why this dependency impacts marital satisfaction.

The recommendation "to design programs to enhance interpersonal mindfulness and appropriate social media use" should include specific suggestions or frameworks for such programs, based on existing successful interventions.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.