



The Effectiveness of Positive Psychological Training with an Islamic Approach on the Psychological Capital of Managers

Mahdi. Taghavi Rafsanjani^{1*} 



¹ Assistant Professor, Department of Islamic Studies, Vali Asr (Aj) Rafsanjan University, Kerman, Iran

* Corresponding author email address: Taghavi74@yahoo.com

E d i t o r

Majid Saffarinia 
Professor of Psychology
Department, Payam Noor
University, Tehran, Iran.
m.saffarinia@pnu.ac.ir

R e v i e w e r s

Reviewer 1: Mohammadreza Zarbakhsh Bahri 
Associate Professor, Department of Psychology, Tonekabon Branch, Islamic Azad University, Tonekabon, Iran. Email: M.Zarbakhsh@Toniau.ac.ir
Reviewer 2: Seyed Ali Darbani 
Assistant Professor, Department of Psychology and Counseling, South Tehran Branch, Islamic Azad University, Tehran, Iran.
Email: Ali.darbani@iau.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

The description of the sampling method states "convenience sampling." This method can introduce bias. Please elaborate on why this method was chosen over random sampling and discuss any potential limitations it may introduce.

The study includes 30 participants. Please provide a power analysis or justification for this sample size to ensure it is adequate to detect a significant effect.

The demographic information of the participants is briefly mentioned. Including a table with comprehensive demographic details (e.g., age, years of experience, education level) for both groups would provide a clearer picture of the sample.

The study integrates Islamic teachings. It would be beneficial to discuss how the findings might generalize to non-Islamic contexts or to populations with different cultural backgrounds.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

The data analysis section states the use of "multivariate analysis of covariance (MANCOVA)." It would strengthen the paper to include a justification for this choice of statistical method and to mention if any other statistical tests were considered.

Clarify the nature of the control group's activities. Did they receive any form of placebo intervention or were they simply not given the positive psychological training? This impacts the interpretation of the results.

The validity of the Psychological Capital Questionnaire is mentioned. It would be helpful to include specific details about how the validity and reliability were assessed in the context of this study population.

The intervention sessions are outlined, but more detail is needed on the specific activities and content of each session. For example, what specific exercises were used to build resilience in Session 5?

The baseline scores for the psychological capital components show slight variations between groups. Conduct and report statistical tests to confirm whether these differences are significant.

Address how variations in session attendance were handled in the analysis. Did all participants attend all sessions? If not, how were missing data points addressed?

The study lacks a follow-up period to assess the long-term impact of the intervention. Suggest including a follow-up study to evaluate the persistence of the psychological capital improvements over time.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.