

The Effectiveness of Prevention and Relationship Enrichment Program (PREP) on Marital Conflicts and Sexual Satisfaction in Couples

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1. Round 1

1.1. Reviewer 1

Reviewer:

In the "Objective" section of the abstract, specify the location as "East Tehran, Iran" to provide clear geographical context. The phrase "ten 75-minute sessions over ten weeks" is unclear. Clarify if sessions were weekly or spread over different intervals within the ten weeks.

The inclusion criteria mention "availability for the study duration." Specify what this entails (e.g., availability for all ten sessions).

Provide validity and reliability statistics for the Marital Conflict Resolution Scale (MCRS) and the Index of Sexual Satisfaction (ISS) used in this study, referencing the sources cited.

The session descriptions (e.g., Session 2: Understanding Relationship Dynamics) are thorough but can be summarized to avoid excessive detail. Focus on the unique aspects of each session.

While assumptions of repeated measures ANOVA were checked, details on how normality and sphericity were assessed (e.g., specific tests used) should be provided for clarity.

The demographic data (Table 1) could benefit from including additional variables such as socioeconomic status to understand the sample's representativeness.

The results section states "significant improvements" but should specify exact p-values for the intervention group's changes to provide precise statistical evidence.

The follow-up data in Table 1 should include a longer follow-up period (e.g., six months) to better assess the intervention's sustainability.

The discussion emphasizes the benefits of PREP but should also address potential limitations, such as the program's applicability to different cultural contexts or the need for adaptations.

Response: Thanks for comment. Checked and revised.

1.2. Reviewer 2

Reviewer:

The abstract mentions using repeated measures ANOVA but does not specify the significance values for post-hoc tests. Include these details to highlight the robustness of the findings.

The introduction extensively reviews the impact of marital quality on health and well-being (paragraph 2). However, it could benefit from a more concise summary, focusing on the most relevant studies.

The introduction mentions PREP's effectiveness but does not explain the specific components of the program until later. Briefly list key components earlier for better context.

The description of the study design (paragraph 1) should include the randomization process details to clarify how participants were assigned to intervention or control groups.

The comparison with previous studies (paragraph 4) is valuable. However, it would be strengthened by including a meta-analysis or systematic review to contextualize findings within a broader research landscape.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.