




Investigation the Effectiveness of Schema-Based Parenting on Emotion Regulation and Stress in Mothers of Children Under 6 Years Old

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1. Round 1

1.1. Reviewer 1

Reviewer:

In the sentence "Sampling was done purposefully by visiting kindergartens in Isfahan," please clarify the criteria used for purposeful sampling and how participants were selected from these kindergartens.

The description of the schema-based parenting training should include the theoretical foundation and how it is implemented. Expand on the protocol by Mehrabinia et al. (2022) to explain the key components and rationale behind each session.

Report the effect sizes for the significant results to provide a clearer understanding of the practical significance of the findings. Include Cohen's d or partial eta squared values where appropriate.

Clarify the significance levels used in the study. For instance, "Given that the calculated F values for between-group effects... were significant at the 99% confidence level ($P < 0.01$)" should include exact p-values where possible.

Ensure that all tables are self-explanatory. Add notes to Table 1 explaining what "SD" stands for and any abbreviations used in the table.

Specify the rationale for the two-month follow-up period and discuss whether this duration is sufficient to observe lasting effects of the intervention.

Discuss the generalizability of the findings more explicitly. The statement "selecting samples from a specific geographical area... may limit the generalizability" could be expanded to consider cultural factors that may influence the applicability of the findings to other populations.

The introduction should provide a stronger connection between the theoretical framework and the current study. Expand the discussion on how schema-based parenting theory specifically addresses emotion regulation and stress in parents.

Authors revised and uploaded the document.

1.2. Reviewer 2

Reviewer:

The description of the control group should specify whether any placebo or alternative intervention was provided to ensure blinding. For instance, "while the control group did not receive any intervention" could be expanded to include details on their activities during the study period.

The article mentions "appropriate statistical tests" without specifying them initially. Clarify the statistical tests used by revising the sentence to "The collected data were analyzed using Repeated Measures Analysis of Variance and Bonferroni post hoc test with SPSS software."

Include a brief explanation of the psychometric properties of the Abidin Parental Stress Index and the Shields and Cicchetti Emotion Regulation Checklist. For example, "The Abidin Parental Stress Index (1995) - Short Form has been validated in multiple studies with Cronbach's alpha ranging from 0.80 to 0.90."

Some references in the introduction are outdated. Update the literature review to include more recent studies on the impact of parenting interventions on emotion regulation and stress.

Provide a more detailed description of the intervention sessions. For example, in "Session 5: Discuss emotional regulation strategies for children and parents," specify the types of strategies and exercises used.

In addition to age and economic status, include information on other demographic variables such as education level and marital status, which may influence the outcomes.

Authors revised and uploaded the document.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.