

# Comparison of the Effectiveness of Dialectical Behavior Therapy and Emotion-Focused Therapy on Communication Patterns and Marital Intimacy in Marital Infidelity Among Women

Ali. Badanfiroz<sup>1</sup>, Abbas. Abolghasemi<sup>2\*</sup>, Mahnaz. Khosrojavid<sup>3</sup>, Reza. Soltani Shal<sup>4</sup>

<sup>1</sup> PhD Student, Department of Psychology, Faculty of Literature and Humanities, University of Guilan, Rasht, Iran


<sup>2</sup> Professor, Department of Psychology, Faculty of Literature and Humanities, University of Guilan, Rasht, Iran

<sup>3</sup> Associate Professor, Department of Psychology, Faculty of Literature and Humanities, University of Guilan, Rasht, Iran



<sup>4</sup> Assistant Professor, Department of Psychology, Faculty of Literature and Humanities, University of Guilan, Rasht, Iran

\* Corresponding author email address: Abolghasemi1344@guilan.ac.ir

## Editor

Chiedu Eseadi  
Department of Educational  
Foundations, University of Nigeria,  
Nsukka, Nigeria  
chiedu.eseadi@unn.edu.ng

## Reviewers

**Reviewer 1:** Parvaneh Mohammadkhani  
Professor, Department of Clinical Psychology, University of Rehabilitation Sciences  
and Social Health, Tehran, Iran. Email: Pa.mohammadkhani@uswr.ac.ir  
**Reviewer 2:** Abolghasem Khoshkanesh  
Assistant Professor, Counseling Department, Shahid Beheshti University, Tehran,  
Iran.  
Email: akhoshkonesh@sbu.ac.ir

## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

In the introductory section, consider providing more contemporary evidence to support the significance of marital infidelity. The literature cited seems outdated, such as Amarzu (2012), which might weaken the argument's relevance.

In the paragraph discussing the impact of communication patterns, consider expanding on why these particular patterns were chosen. The current explanation is somewhat generalized.

When discussing the Communication Patterns Questionnaire's validity, explain how cultural adaptations for Iranian participants were validated. This would enhance the instrument's applicability and relevance.

In Session 1, you mention "the importance of attendance." Provide details on how attendance was monitored and managed for participants who missed sessions.

In Session 2, the description of individual sessions lacks detail about how data from these were incorporated into the couple's therapy sessions. Include this to strengthen the integration of findings.

You mention Mauchly's test for sphericity but do not explain its implications. It would be helpful to briefly interpret what passing this test signifies for your study.

The conclusion that DBT improves marital intimacy could be expanded. Specify how therapists could implement these techniques in real-world settings.

Authors revised and uploaded the document.

### 1.2. Reviewer 2

Reviewer:

It would be helpful to explicitly state the research gap earlier. The phrase "Given the increasing number of couples seeking counseling..." could be expanded to specify how this study differs from previous work.

For the Marital Infidelity Questionnaire, you reference Cronbach's alpha for reliability. Specify whether these values were consistent across your sample, as this could affect the study's internal validity.

When presenting the results, consider reporting effect sizes alongside P-values to give a clearer understanding of the practical significance of your findings.

The statement "These findings align with the results of studies by Mortezaei et al. (2021)" could benefit from a more critical comparison. Discuss why your results might differ from or be more impactful than previous studies.

Authors revised and uploaded the document.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.