




Comparing the Effectiveness of Well-Being Therapy and Positive Therapy on Affective Capital in Adolescents Residing in Foster Care Centers


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1. Round 1

1.1. Reviewer 1

Reviewer:

While the article provides a general explanation of affective capital, a clearer operational definition is required. In the paragraph starting with "Affective capital can be defined as a state of vitality and positive emotional energy..." adding a sentence specifying how affective capital is measured in this study (including reference to its components) would improve conceptual clarity.

The article does not mention whether potential confounders (e.g., duration of stay in foster care, prior psychological treatment, level of trauma) were controlled. In the Methods section, authors should specify how they ensured that baseline characteristics of participants were comparable across groups.

While the structure of the interventions is outlined, it would be beneficial to provide more information about the therapist qualifications and adherence to intervention protocols. Adding a sentence such as "The interventions were administered by

licensed clinical psychologists with at least five years of experience in adolescent therapy..." would strengthen the study's credibility.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The rationale for choosing Well-Being Therapy (WBT) and Positive Therapy (PT) is not well elaborated. After introducing both interventions, the authors should justify why these two therapies were chosen over other potential interventions, such as cognitive-behavioral therapy or mindfulness-based interventions.

The study alternates between "foster care centers" and "residential care institutions" throughout the text. To maintain consistency and avoid confusion, it would be beneficial to use one term consistently.

The study uses repeated measures ANOVA but does not mention whether assumptions such as sphericity (Mauchly's test) and normality were checked. Reporting these results would validate the choice of statistical methods.

The follow-up data for the "sense of energy" component shows a decline in the post-test but an increase in the follow-up. The authors should discuss why this fluctuation occurred. Could it be due to delayed effects of therapy or external influences?

The discussion does not sufficiently integrate the findings with established psychological theories. For instance, linking affective capital improvements to Self-Determination Theory (Deci & Ryan) or Positive Psychology models would strengthen the theoretical foundation.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.