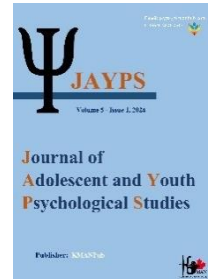




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# The Effectiveness of Emotion Focused Group Therapy (EFT) on Rumination and Emotional Expression in Patients with Multiple Sclerosis

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**Reviewer 1:** Parvaneh Mohammadkhani<sup>id</sup>  
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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

- Introduction:** The introduction provides a clear rationale for the study, outlining the significance of EFT in MS patients. However, it could be strengthened with a more detailed review of previous studies on EFT's efficacy in similar contexts.
- Methodology:** The study design, sampling method, and instruments (Nolen-Hoeksema and Morrow's rumination scale and the King and Emmons emotional expressivity questionnaire) are appropriate and well-described. It would benefit from a more detailed justification of the sample size and demographics to support generalizability.
- Results:** The findings are presented clearly, showing significant differences in emotional expressivity and rumination between the control and experimental groups. Including additional statistical details, like effect sizes, would provide a deeper understanding of the results' practical significance.

4. **Discussion:** The discussion effectively ties the findings to existing literature. It could be enhanced by addressing potential confounding variables and offering suggestions for future research directions.
5. **Conclusion:** The conclusion succinctly summarizes the findings and their implications. Expanding on the potential limitations and future applications of EFT in clinical practice would be beneficial.
6. **Overall Evaluation:** The paper is a valuable contribution to the understanding of EFT's impact on MS patients. Minor revisions could enhance its depth and applicability.

**Decision:** Accept after minor revisions.

Authors uploaded the revised manuscript.

### 1.2. Reviewer 2

Reviewer: The study presents significant findings on the role of Emotion Focused Group Therapy in managing rumination and emotional expression in MS patients. Its contribution to the field, particularly for clinical applications, is noteworthy.

#### Strengths:

- Robust methodological approach.
- Clear and logical structure.
- Effective use of statistical analysis to support conclusions.

#### Areas for Improvement:

- **Literature Review:** Expand on previous research to provide a more comprehensive background.
- **Methodology:** Address potential biases in sampling and data collection.
- **Analysis:** Elaborate on the implications of the findings for real-world settings, particularly in clinical therapy for MS.
- **Limitations:** A more thorough discussion on the study's limitations, including the sample size and the generalizability of results, would strengthen the paper.
- **Future Directions:** Suggestions for how this research can inform future studies or clinical practices.

**Final Recommendation:** The paper is well-positioned to make a meaningful contribution to the field but would benefit significantly from addressing the identified areas.

**Decision:** Accept with minor revisions, emphasizing the need to expand on the literature review and discussion of implications and limitations.

Authors uploaded the revised manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.